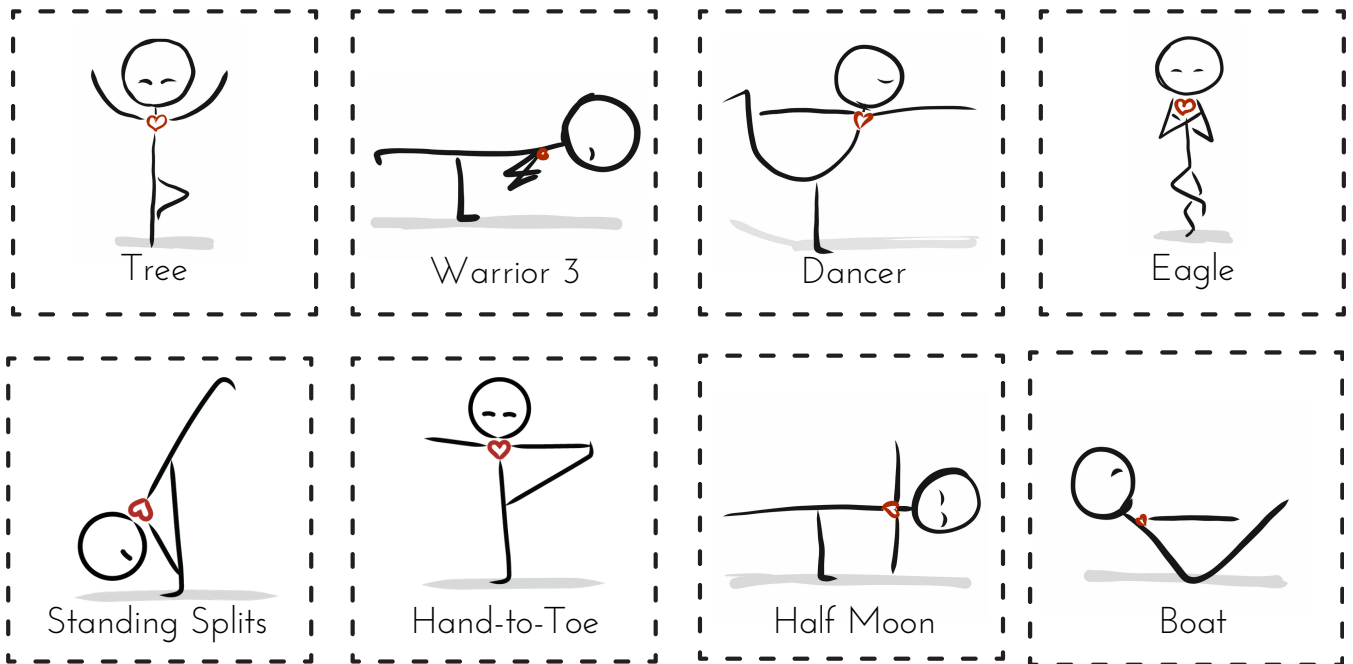


Name: _____

Mindful Movement - Part 2

Directions: Cut out the images below and create your own balancing yoga pose sequence.



My Balancing Yoga Flow
