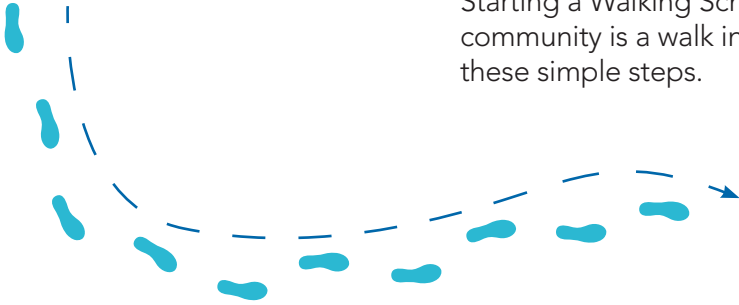


Create a Walking School Bus Route

Step 1: Talk to other parents in your neighborhood to find out who's interested in starting a route and/or already walking.

Starting a Walking School Bus (WSB) route for students in your community is a walk in the park ... or neighborhood. Just follow these simple steps.



Step 2: Pick a safe route and take test walks. When choosing a route, consider the following factors:

- Traffic flow
- Size of sidewalks
- Safe street crossings
- Safety of the overall environment

Step 3: Decide how often the group will travel together. It can be as many as five days a week or as few as one.

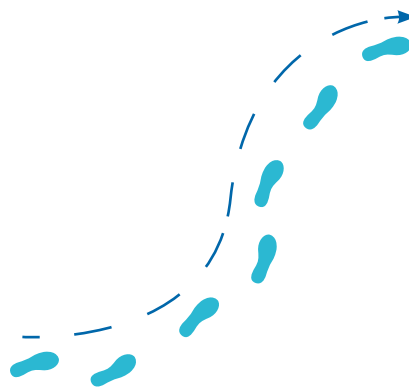


Step 5: Connect with the WSB Coordinator at your school to discuss your new route.

Visit www.bchd.org/walkingschoolbus for more info.

Step 4: Assign at least two adults to "drive" the Walking School Bus each day.

Note: The Centers for Disease Control recommends one adult per three students for children ages 4 to 6 and one adult for six children for older elementary students ages 7 to 9.



Step 6: Let other parents know the Walking School Bus schedule so their kids can join.



Step 7: START WALKING!

