

Community Action Plan for Student Mental Health & Substance Use Prevention

Beach Cities BCHD Health District

Presented by the Beach Cities Partnership for Youth

Beach Cities Health District (BCHD) partners with South Bay Families Connected, the Hermosa Beach City School District (HBCSD), Manhattan Beach Unified School District (MBUSD) and Redondo Beach Unified School District (RBUSD) to deliver programs that measurably improve the health and wellbeing of students and families. While physical health in the Beach Cities continues to improve, there is a growing need in the student population to address mental health and well-being.

While physical health in the Beach Cities continues to improve, there is a growing need in the student population to address mental health and well-being. In 2018, the statewide California Healthy Kids Survey (CHKS) found that Beach Cities students, in many ways, were struggling more than their statewide peers. According to the survey, when compared to students throughout California, Beach Cities teens reported:

- Higher than average rates of alcohol and drug use for 11th graders with use doubling as students transition from 9th to 11th grade
- Higher than average rates of reported chronic sadness or hopeless feelings within the past 12 months for 7th, 9th and 11th grade
- Higher than average rates of 11th graders engaging in binge drinking (five or more drinks in one sitting) in the past 30 days

The Beach Cities Partnership for Youth Coalition was created by BCHD in 2017 through establishing five stakeholder workgroups: 1) Students, 2) Parents, 3) Providers, 4) Schools and 5) Community in implementing strategies to reduce youth substance use in a comprehensive and long-term manner.









In October 2019, the Coalition was awarded a FY 2019 Drug-Free Communities Program (DFC) grant in the amount of \$125,000 by the White House Office of National Drug Control Policy, in cooperation with the Substance Abuse and Mental Health Services Administration (now managed by the Centers for Disease Control and Prevention (CDC) since 2020). The grant term is five years with total funding expected to be \$625,000. The Beach Cities Partnership for Youth Coalition joins more than 700 community coalitions across the United States working to increase community-wide collaboration and decrease youth substance use. Recognizing that local problems need local solutions, DFC-funded coalitions engage multiple sectors of the community and employ a variety of environmental strategies to address local substance use problems.

The Community Action Plan for Student Mental Health & Substance Use Prevention outlines key programs, partnerships and policies that are addressing these key health indicators. BCHD is just one of more than 200 local partners in the Beach Cities Partnership for Youth Coalition that are collaborating to achieve measurable outcomes.

KEY INDICATORS

The Community Action Plan has relied on multiple data collection strategies to identify the greatest health needs of the youth population. In addition to the ongoing statewide California Healthy Kids Survey (CHKS), data was collected from Stanford's Challenge Success program and additional school-based surveys to identify stressors and pressures facing students as they balance academics and extracurricular activities. Parents were also polled through a survey conducted by BCHD, and key informant interviews and focus groups were also convened to determine risk and protective factors.

The following CHKS key indicators are aggregated across the Beach Cities. Hermosa Beach City School District is a TK-8 district, so data from 7th grade is included below. Data from 9th and 11th grades are aggregated across Manhattan Beach and Redondo Beach schools.

*Due to COVID-19, CHKS data was unable to be collected in Spring 2020 in MBUSD and HBCSD. To account for this gap, survey data was collected twice throughout the 2020-2021 school year in these school districts. Data displayed as "2020" was collected in Spring 2020 (RBUSD) and Fall 2020 (HBCSD and MBUSD), with data collected again in all three districts in Spring 2021.



Chronic Sadness/Hopelessness: Percentage of Beach Cities students who reported experiencing chronic sadness/hopelessness in the past 12 months

| | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | L.A. County (2019-2021) | California (2019-2021) |
|------------|------|------|------|------|------|------|----------------------------|---------------------------|
| 7th grade | 20 | 24* | 27* | 29 | 22* | 17 | 32 | 32 |
| 9th grade | 30 | 29* | 34 | 41 | 30* | 25 | 38 | 37 |
| 11th grade | 35 | 39* | 40* | 46* | 37 | 27 | 44 | 42 |



Suicide: Percentage of Beach Cities students who reported seriously considering attempting suicide within the past 12 months

| | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | L.A. County (2019-2021) | California (2019-2021) |
|------------|------|------|------|------|------|------|----------------------------|---------------------------|
| 7th grade | N/A | 10 | 11* | 12* | 8* | 6 | 12 | 14 |
| 9th grade | 16* | 13 | 12* | 16 | 14 | 9 | 13 | 16 |
| 11th grade | 16 | 17* | 15 | 15 | 18 | 10 | 13 | 16 |



Alcohol and Other Drugs: Percentage of Beach Cities students who reported using alcohol or other drugs in the past 30 days

| | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | L.A. County (2019-2021) | California (2019-2021) |
|------------|------|------|------|------|------|------|----------------------------|---------------------------|
| 7th grade | 4 | 4 | 3* | 3 | 3 | 2 | 3 | 4 |
| 9th grade | 17* | 16* | 12 | 9 | 11 | 7 | 9 | 10 |
| 11th grade | 43* | 35* | 30* | 23* | 30 | 18 | 15 | 19 |



Vaping: Percentage of Beach Cities students who reported using e-cigarettes or other vaping devices in the past 30 days

| | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | L.A. County (2019-2021) | California (2019-2021) |
|------------|------|------|------|------|------|------|----------------------------|---------------------------|
| 7th grade | 4* | 2 | 1* | <1* | <1 | <1 | 1 | 2 |
| 9th grade | 13* | 12* | 6 | 4 | 4 | 1 | 4 | 6 |
| 11th grade | 28 | 24* | 15 | 9* | 13* | 7 | 6 | 10 |



Marijuana: Percentage of Beach Cities students who reported using marijuana in the past 30 days

| | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | L.A. County (2019-2021) | California (2019-2021) |
|------------|------|------|------|------|------|------|----------------------------|---------------------------|
| 7th grade | 2* | 2* | <1 | <1 | <1 | <1 | 1 | 2 |
| 9th grade | 12* | 11 | 6 | 4 | 4 | 3 | 5 | 6 |
| 11th grade | 27 | 23* | 19 | 15 | 16 | 7 | 9 | 12 |

*Data has been updated based on weighted aggregate calculations. N/A: Data was not collected across all three school districts (HBCSD, MBUSD and RBUSD).

RISK AND PROTECTIVE FACTORS

According to the National Institute on Drug Abuse, prevention programs should enhance "protective factors" and reverse or reduce "risk factors." The more the risks in a child's life can be reduced, the less vulnerability that child will have to substance use and other maladaptive behaviors.

Early intervention targeting risk factors (e.g., aggressive behavior, poor self-control and lack of stress management) often has a greater impact than later intervention by directing a child's life path away from problems and toward positive behaviors. There is clear evidence supporting the implementation of social-emotional well-being programs and substance use prevention curricula in the school environment as a risk-reduction strategy to prevent substance use and improve mental health in the student population. The Community Action Plan strives to reduce the following risk factors identified in the Beach Cities student population, and increase protective factors so students are healthy, happy and able to thrive – both in and out of school.

| RISK FACTORS | PROTECTIVE FACTORS |
|---|--|
| Factors that increase the likelihood of student substance use and decrease overall mental health and well-being | Factors that decrease the likelihood of student substance use and improve overall mental health and well-being |
| Inability to cope in stressful situations | Resilience to change and ability to adapt to stressful events in healthy and flexible ways |
| Apathy towards recreational and social activities | Opportunities for youth involvement in purposeful activities |
| Low self-esteem | Cultivation of a sense of well-being and self-confidence |
| Lack of commitment to school | High connection to peers and adults on campus |
| Lack of perceived risk of drug and alcohol use | Awareness of short- and long-term health and social impacts of drug and alcohol use |
| Lack of parental involvement and supervision | Close and nurturing family relationships |
| Parental attitudes favorable to substance use | Clear expectations and limits regarding alcohol and other drug use |
| Visible and widespread alcohol and drug availability in social and community settings | Public policies that reduce youth access to drugs and alcohol |

EVIDENCE-BASED PROGRAMMING

Many of the strategies included in this Community Action Plan are not new. They have proven to be effective in DFC community coalitions across the country. One grantee, Franklin County, Massachusetts' Communities That Care Coalition, was able to decrease youth alcohol use by 36%, cigarette smoking by 52% and marijuana use by 24% during a decade-long intervention. The Beach Cities Partnership for Youth Coalition learned from other coalitions like this and emulated these success stories as we established ourselves. By utilizing evidence-based practices as well as locally supported innovations, this Community Action Plan strives to meet the greatest community need and enhance the policies, systems and environmental changes necessary to create lasting health improvements.

CREATING A HEALTHY BEACH COMMUNITY TOGETHER

Across the Beach Cities, schools are prioritizing the social and emotional well-being of their student populations. Character and skill-building programs continue to be implemented at schools while social-emotional wellness committees are addressing student stress and supporting healthy coping strategies. School staff and community members are being trained to "Know the Signs" to recognize youth who may be struggling and to "Question, Persuade and Refer" them to a trusted adult or mental health professional. Mental Health First Aid and teen Mental Health First Aid training opportunities are empowering adults and teens across the Beach Cities. Students are exploring their purpose, identifying not only what they want to be, but who they want to be. In the community, several local organizations have been instrumental in gathering support for these topics:

- South Bay Children's Health Center has provided onsite school counseling and other supportive social services to children, adolescents and families in the Beach Cities.
- South Bay Families Connected was created in 2015 in response to the high level of community concern regarding the social-emotional wellness of South Bay youth, including self-reported levels of high stress and anxiety, as well as higher than average alcohol and drug use.
- Torrance Memorial's Thelma McMillen Center has been committed to supporting students and families overcome patterns of alcohol and drug abuse and addiction for several decades.
- allcove Beach Cities, part of an innovative network of integrated youth mental health centers across the state of California, opened its doors in 2022 to offer mental and physical health services, education and employment assistance, peer and family support, and substance use prevention programs for young people ages 12-25 in the greater South Bay.



KEY MILESTONES IN CREATING THE BEACH CITIES PARTNERSHIP FOR YOUTH

| DATE | ΑCTIVITY |
|----------------|--|
| January 2015 | BCHD begins conducting more than 100 key informant interviews with various stakeholders in the Beach Cities |
| October 2015 | BCHD site visit to Franklin County, Massachusetts' Communities That Care Coalition |
| January 2016 | BCHD identifies substance use prevention, social-emotional well-being and bullying prevention as top health priorities for youth |
| April 2017 | Schools Workgroup (School Advisory Board) convened by BCHD, HBCSD, MBUSD and RBUSD to align school efforts to address mental health and substance use prevention |
| June 2017 | BCHD recruited student committee members for the Community Health, Strategic Plan- ning and Finance Committees and due to overwhelming response, the Students Work- group (Youth Advisory Council) was launched |
| September 2017 | First meeting of Parents Workgroup (Health and Wellness Parent Liaisons) |
| October 2017 | First meeting of Students Workgroup (Youth Advisory Council) |
| February 2018 | First meeting of Providers Workgroup (Provider Task Force) |
| May 2018 | Coalition received CalMHSA Grant for Health and Wellbeing from the Los Angeles County Department of Mental Health for the Student Stress & Substance Use Summit |
| May 2018 | State of Our Youth's Health: Student Stress & Substance Use Summit featuring keynote speaker Hon. Mary Bono |
| August 2018 | MBUSD staff trained in Introduction to Mental Health First Aid |
| October 2018 | First meeting of the Community Workgroup (Community Policy Workgroup) |
| October 2018 | Coalition received CalMHSA Grant for Health and Wellbeing from the Los Angeles County Department of Mental Health for Cyber Safety education events |
| January 2019 | Official launch and first meeting of the Beach Cities Partnership for Youth Coalition |
| June 2019 | Beach Cities Partnership for Youth Coalition applies for Drug-Free Communities Grant and solicits support from cities, school districts and key community partners |
| October 2019 | Coalition Steering Committee convenes for the first time with key stakeholders |
| October 2019 | Beach Cities Partnership for Youth Coalition awarded National Drug-Free Communities Grant by White House Office of National Drug Control Policy, in cooperation with the Substance Use and Mental Health Services Administration |

A COLLECTIVE IMPACT MODEL APPROACH

The Community Action Plan for Student Mental Health & Substance Use Prevention uses the Collective Impact Framework, which involves collaboration across an entire community – youth, schools, parents, community leaders, cities, business and local organizations – working together to achieve measurable improvements in health and well-being.



GOALS OF THE COMMUNITY ACTION PLAN



Decrease prevalence of alcohol, tobacco and other drug use in teens

(measurement: California Healthy Kids Survey data)



Decrease stress and bullying and improve social-emotional well-being of youth

(measurement: California Healthy Kids Survey data)



Increase number of parents having conversations with their children about alcohol and drugs, social media, mental health and bullying

(measurement: BCHD Community Health Survey)



Increase community collaboration with engagement of local policymakers and participation of parents/caregivers currently underrepresented

(measurement: participation metrics in Tri-Agency meetings and community events)

Strategies

- Activate peer-to-peer student strategy to decrease substance use and improve mental health
- Expand capacity of school programs and services
- Convene community partners and build coalitions
- Educate, engage and enhance the skills of parents and the community at large
- Change the physical design of the community
- Engage policymaker champions to change local policy around substance use
- Enhance access and reduce barriers to mental health services for youth
- Change consequences for youth caught using substances

BEACH CITIES PARTNERSHIP FOR YOUTH COALITION

reducing substance use and bullying. The Beach Cities Partnership for Youth Coalition includes more than 200 community partners who are improving student mental health and well-being, while

STEERING COMMITTEE



building coalitions and engaging the community at large expanding school programs and services, convening community partners, health among Beach Cities youth by activating students, educating parents, A community-wide effort to decrease substance use and improve mental

of school and given the opportunity to be healthy, happy and to thrive – both in and out Where each student is empowered to create a purposeful path for themselves.

COMMUNITY POLICY

WORKGROUP

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Community

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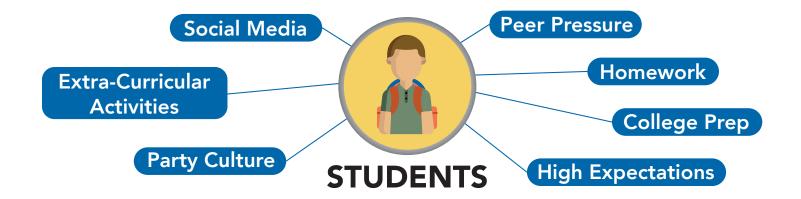




More than 200 local partners have joined the Coalition. Go to bchd.org/partnership for more information. GET INVOLVED

YOUTH ENGAGEMENT STRATEGY

Things are different for today's youth. On top of the pressure of going to college, it's going to the right college with the right resume. Social media, extra-curricular activities and a fast-moving party culture are all making it harder than ever to be a teenager. Furthermore, these circumstances and the lives of our Beach Cities youth were dramatically altered due to the COVID-19 pandemic. The Beach Cities Partnership for Youth Coalition continuously considers the impact and significance of such external factors on our local youth mental health and substance use prevention efforts. The Community Action Plan will engage students in peer-to-peer strategies that are designed and implemented by youth.



Purpose:

- Reduce teen substance use*
- Decrease stress and bullying*
- Improve social-emotional well-being
- Provide more opportunities for youth involvement in purposeful activities

Key Fact: 67% of teens who start drinking before the age of 15 will try other illicit drugs.

"A lot of my stress comes from expectations that I put on myself, along with expectations that I feel like others are putting on me." – Student participating in allcove Beach Cities focus group

Workgroup Goals:

- Create and promote substance use prevention campaigns
- Decrease stigma and increase peer-to-peer awareness of mental health, along with community resources available

Key Outcomes To Date

- Created a peer-to-peer anti-vaping campaign #EscapeTheVape that exposed the risks and dispelled myths about electronic cigarettes
- Designed and contributed to COVID-19 health education campaign including how-to videos, posters and public service announcements
- Curated and produced youth-inspired alcohol prevention interventions through a PhotoVoice entitled "Youth Perspectives of Alcohol Use in the Beach Cities" and the complementary "Don't Drink, Rethink" campaign to promote healthy behaviors and suggested alternatives to youth alcohol use

- Contributed to cannabis education efforts through a youth-driven video, "Cannabis and Youth: What Beach Cities Students Want Parents to Know," and represented the youth voice during a virtual community forum addressing this topic, "State of our Health: Cannabis and Youth"
- Developed a peer-to-peer campaign that highlights the risk of harm social media poses on youth mental health well-being in response to the U.S. Surgeon General's Advisory

*Outcomes are measured using the California Healthy Kids Survey



Role Modeling • Rule Setting • Open Conversations

BCHD Resources & Referrals • South Bay Families Connected Website Resources • Families Connected Speaker Series and Parent Chat • Health and Wellness Parent Liaisons • "Talk About It" Campaign

PARENT ENGAGEMENT STRATEGY

Research shows that parental monitoring and supervision are critical for alcohol and drug use prevention. According to the Substance Abuse and Mental Health Services Administration, children are less likely to drink when their parents are involved in their lives and have set clear boundaries and conveyed disapproval of underage drinking. Even a small amount of perceived parental acceptability can lead to substance use.

In addition to setting clear boundaries for their children, it is important to shift social norms around parental peer expectations. BCHD and South Bay Families Connected engage and empower parents about crucial parenting topics, while also creating a space for parents to learn from a community of supportive peers.

The Community Action Plan will continue building parents' skills with training on rule setting and establishing boundaries, managing stress in the household, creating and enhancing family bonding and relationships, supporting their child's discovery of purpose and developing a support network in the parent community.

Key Fact: A survey given to Beach Cities parents found that nearly 20% of parents are okay with occasional underage alcohol use.

"Everything we can do, every positive change we make, big and small. They all diminish the need for coping mechanisms like substance abuse and bullying, and they all increase our students' potential for joy and flow." – Parent focus group participant

Purpose:

- Increase number of parents having crucial conversations with their children about drugs, alcohol, social media, bullying and other topics*
- Educate and empower parent community about youth substance use and mental health

Workgroup Goals:

- Enhance communications system for parents regarding events and resources
- Establish parent ambassadors at school sites to foster increased awareness of youth wellness

Key Outcomes To Date:

- BCHD partnered with South Bay Families Connected and the three Beach Cities school districts to expand the reach of the Families Connected Speaker Series and other parent education events on topics including stress, substance use and social media with national and local experts
- Organized the Families Connected Parent Chat support group for parents and caregivers in partnership with the Thelma McMillen Center at Torrance Memorial Medical Center and South Bay Families Connected
- Co-produced an opioid awareness video "Prescription Drugs and Opioids: What Beach Cities Students and Parents Need to Know" in partnership with prevention partners and South Bay Families Connected as an effort to raise awareness of trending local substance use concern
- Generated "Talk About It" tip sheets for parents and caregivers to facilitate open conversations with their children on health and wellness topics
- Strengthened collaborative relationships with the three Beach Cities school districts' respective parent teacher organizations to promote the Coalition events and resources

*Outcomes are measured using California Healthy Kids Survey



Social-Emotional Learning • Skill-Building Programs

Panorama Education • California Healthy Kids Survey • Tobacco Use Prevention Education (TUPE) • Link
Crew • WEB (Where Everyone Belongs) • Social-Emotional Wellness Committees • Know the Signs
Mental Health Awareness • Positive Behavioral Interventions & Supports

SCHOOL ENGAGEMENT STRATEGY

There is a growing body of research that shows mental health issues and mental illnesses have their roots in childhood, particularly in adolescence, when physical and physiological changes add to the chemistry of ongoing brain development. Nearly one in five children and adolescents suffer from some form of mental illness – including stress, anxiety, bullying, depression or substance use – yet nearly 80% won't receive any treatment, due to stigma or other barriers.

According to the National Education Association, schools offer an ideal context for prevention intervention, positive development and regular communication between school and families around mental health and substance use prevention topics. School health and student support services are critical components of a comprehensive approach to student health and well-being.

Purpose:

- Enhance student and staff connections on campus
- Improve students' resilience to change and ability to adapt to stressful events in healthy and flexible ways*
- Increase knowledge of short- and long-term health and social impacts of drug and alcohol use

Key Fact: Suicide is the third-leading cause of death among youth ages 15-19 in the United States. Source: National Vital Statistics System – Mortality data (2021)

Workgroup Goals:

- Conduct ongoing environmental scans of all social-emotional wellness efforts and programs at all three school districts
- Continuously take inventory of all assessment tools used by school districts to comprehensively identify the social-emotional wellness needs of students
- Leverage communication networks between schools and families to disseminate resources and promote awareness of youth health concerns targeted by the Coalition

Key Outcomes To Date:

- Implemented Tobacco Use Prevention Education (TUPE) programming including substance use prevention curriculum, student and family assemblies and education events, and juvenile diversion services
- Administered the Panorama Education social-emotional wellness screening tool at the secondary level to measure students' perceived sense of belonging in their school community
- Built a bridge of direct access for students to service streams within allcove Beach Cities
- Initiated Coalition response to county and state health alerts surrounding the dangers of illicitly manufactured fentanyl and its presence in the Beach Cities
- Coordinated tri-district data collection from the California Healthy Kids Survey to yield key youth health indicators



Resources & Referrals

Provider Task Force • Grief Support • Medical Professionals allcove Beach Cities • Emergency Responders

PROVIDER ENGAGEMENT STRATEGY

In the Beach Cities, a vast network of providers including mental health practitioners, substance use prevention experts, medical professionals, law enforcement and grief counselors are part of the Provider Task Force, forming the foundation of support available to students and families. By bringing this network of community partners together, this Task Force and the larger Beach Cities Partnership for Youth Coalition will contribute to outreach, education, prevention, service delivery, capacity building, empowerment, community action and systems change – all tenets of the DFC program.

Key Fact: For each \$1 invested in early treatment and prevention programs for addictions and mental illness programs, there is up to \$10 in savings in health costs, criminal and juvenile costs, educational costs and lost productivity.

"Being at events like this is part of what we are going to need to do as a country to make a difference." -Dr. Moe Gelbart, Executive Director, Thelma McMillen Center at Torrance Memorial Medical Center and Director of Behavioral Health, panelist at the Beach Cities Community Forum on Fentanyl

Purpose:

- Grow network of community partners and bridge gaps between community needs and service delivery
- Create opportunities for providers to share expertise and resources with larger Beach Cities community

Workgroup Goals:

- Attend, support and promote school and community events related to mental health and substance use prevention
- Share and create content related to substance use prevention and destigmatizing mental health issues
- Submit resources, referrals and calendar updates through BCHD to increase the resource database for youth and families and make connections with other support providers in the Beach Cities

Key Outcomes To Date:

- Hosted HBCSD middle schoolers through a diverse offering of workshops at allcove Beach Cities that focused on overall health and wellness including healthy peer relationships, gratitude and kindness, empathy and compassion, purpose, mindful movement and physical wellness
- Provided medical and substance use prevention expertise towards the creation of the "Cannabis and Youth" video series and virtual community forum "State of our Health: Cannabis and Youth"
- Championed fentanyl education and awareness through community forums and school assemblies that included screenings of the fentanyl documentary "Dead on Arrival" paired with a panel discussion
- Participated in harm reduction interventions focused on naloxone education and training with key stakeholder groups across the Beach Cities
- Promoted local mental health and substance use prevention resources at featured events during the community wide "Mental Health is Health" Campaign funded by the community grant from the California Mental Health Services Authority (CalMHSA)



Social Norms • Availability & Access • Advocacy

Community Policy Workgroup • Community Events • Study Sessions City Policies • Research and Information Sharing

COMMUNITY ENGAGEMENT STRATEGY

The community at large plays an essential role in supporting students in their efforts to grow up healthy, happy and able to thrive – both in and out of school. By keeping youth at the center and actively involved in the conversation, it is becoming easier for the adult community to recognize that a legacy of excessive alcohol and substance consumption will not benefit the next generation.

Purpose:

- Explore environmental and policy change strategies across the community to support youth mental health and substance use prevention
- Educate and inform stakeholders on health impacts of programs and policies affecting youth

Workgroup Goals:

- Explore funding and resources available to sustain long-term efforts toward addressing youth health and well-being
- Provide technical assistance through research and education to inform elected officials on issues related to youth mental health and substance use

Key Outcomes To Date:

- Provided technical assistance for local tobacco control ordinances resulting in the adoption of smoke-free public places and tobacco retail license ordinances in Redondo Beach, restrictions on the sale of electronic smoking devices and enhancement to the existing retail licensing program to include the ban of the sale of all flavored tobacco products in Hermosa Beach, and the ban of the sale of any tobacco products and electronic smoking devices in Manhattan Beach
- Manhattan Beach was the second city in the United States to implement these endgame tobacco retail policies and has been recognized by the World Health Organization with the "World No Tobacco Day Award" for their accomplishments in tobacco control
- Created a BCHD position statement based on medical evidence, recommending that youth and young adults under the age of 21 abstain from the use of substances such as alcohol, cannabis, vaping and unprescribed prescription drugs in order to protect their developing brains and optimize healthy brain development
- Awarded California Mental Health Services Oversight and Accountability Commission grant to establish allcove Beach Cities
- Established harm reduction intervention for the national opioid crisis via the California Department of Health Care Services' Naloxone Distribution Project

COMMUNITY ACTION PLAN FOR STUDENT MENTAL HEALTH & SUBSTANCE USE PREVENTION PARTNERSHIPS

The Beach Cities Partnership for Youth is comprised of representatives from the following sectors:

- Youth
- Law enforcement
- Parents
- Civic and volunteer groups
- Businesses
- Health care professionals
- Media
- State, local or tribal agencies
- Schools
- Other organizations involved in reducing substance use
- Youth serving organizations
- Religious or fraternal organizations

Since 2017, representatives from these sectors have convened through these five stakeholder groups to address student mental health and well-being:

- Students: Youth Advisory Council
- Parents: Health and Wellness Parent Liaisons
- Providers: Provider Task Force
- Schools: School Advisory Board
- Community: Community Policy Workgroup

Community leaders were selected to be part of the Steering Committee to serve in an advisory capacity to guide the work of the Coalition and the Drug-Free Communities Grant.

To see a current list of Coalition members, visit https://www.bchd.org/partnership











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