

# BEACH CITIES PARTNERSHIP FOR YOUTH COALITION

The Beach Cities Partnership for Youth Coalition includes more than 200 community partners who are improving student mental health and well-being, while reducing substance use and bullying.

## STEERING COMMITTEE

### Workgroups



#### STUDENTS

- Reduce teen substance use
- Decrease stress & bullying
- Improve social-emotional well-being
- Provide more opportunities for youth involvement in purposeful activities

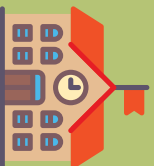
YOUTH ADVISORY COUNCIL



#### PARENTS

- Increase number of parents talking with their kids about alcohol, drugs, social media, mental health and bullying
- Educate and empower parent community about substance use and mental health

FAMILIES CONNECTED PARENT ADVISORY GROUP



#### SCHOOLS

- Enhance student & staff connections on campus
- Improve students' resilience to change and ability to adapt to stressful events in healthy and flexible ways
- Increase knowledge of short and long-term health and social impacts of drug and alcohol use

SCHOOL ADVISORY BOARD



#### PROVIDERS

- Grow network of community partners
- Bridge gaps between schools, community needs and service delivery

STUDENT MENTAL HEALTH PROVIDER TASK FORCE



#### COMMUNITY

- Explore strategies to impact the mental health and happiness of all Beach Cities residents
- Educate and inform elected officials on health impacts of programs and policies impacting youth

COMMUNITY WORKGROUP

#### Mission:

A community-wide effort to decrease substance use and improve mental health among Beach Cities youth by activating students, educating parents, expanding school programs and services, convening community partners, building coalitions and engaging the community at large.

#### Vision:

Where each student is empowered to create a purposeful path for themselves, and given the opportunity to be healthy, happy and to thrive – both in and out of school.



### GET INVOLVED

More than 200 local partners have joined the Coalition. Go to [bchd.org/partnership](http://bchd.org/partnership) for more information.

## State of Our Youth's Health: Key Indicators

The following key health indicators are sourced from the 2018-19 California Healthy Kids Survey and aggregated across the three Beach Cities school districts.

### Mental Health



**20% of 11th graders** reported missing school due to not getting enough sleep in the past 30 days

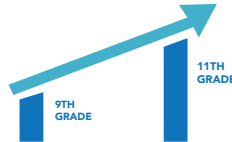


**40% of 11th graders** reported chronic sadness or hopeless feelings over the past 12 months

**18%**

of **11th graders** reported seriously considering attempting suicide in the past 12 months

### Substance Use



% of students reporting **using alcohol or drugs** in the past **30 days more than doubles** between 9th and 11th grade



**37% of 11th graders** have used **drugs or alcohol** in the past 30 days, on average



**25% of 11th graders** reported using **electronic cigarettes or other vaping device** in the past 30 days

### Social Connection

**67%**

of **9th graders** reported feeling a sense of school connectedness



**34%**

of **7th graders** reported **experiencing harassment or bullying** within the past 12 months

## Strategies of the Coalition:

Many of these strategies have proven to be effective in communities across the country through the **federal Drug-Free Communities program**. By utilizing evidence-based practices as well as locally-supported innovations, the Coalition strives to meet the greatest community need to create lasting health improvements through a **collective impact approach**:

- Mobilizing the community around the topics of student stress and substance use prevention
- Establishing the infrastructure to leverage county, state and federal funding opportunities to address these issues
- Creating shared accountability across the various stakeholder groups through a specific measurable action plan
- Exploring public policies to support these efforts

