

# 2023 – 2024 LiveWell Kids

## Volunteer Trainings

All Trainings are held at:  
Beach Cities Health District  
LiveWell Kids Demonstration Garden  
514 N. Prospect Ave., Redondo Beach

For your convenience, each training will have two different time options.  
Please choose the session that works best for you.

### LESSONS 1 & 2

Tuesday, October 10, 2023  
9:00 -10:30am OR 10:45 – 12:15pm

### LESSONS 3 & 4

Tuesday, January 16, 2024  
9:00 -10:30am OR 10:45 – 12:15pm

### LESSONS 5 & 6

Tuesday, March 12, 2024  
9:00 -10:30am OR 10:45 – 12:15pm



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## Volunteer Trainings Lesson Delivery Dates

LiveWell Kids lessons need to be delivered within the lesson delivery time frame listed below. Success of the garden relies on planting and harvesting during the given time frame.

**\*\*Please check in with your school's front office for any volunteer screening requirements**

**For questions, please contact Mishell Balzer ( [Mishell.Balzer@bchd.org](mailto:Mishell.Balzer@bchd.org) ) and Tami Kachel ( [Tami.Kachel@bchd.org](mailto:Tami.Kachel@bchd.org) )**

Lesson 1	
Training: October 10, 2023	Lesson Delivery: October 12 – October 20, 2023

  

Lesson 2	
Training: October 10, 2023	Lesson Delivery: November 6 – November 17, 2023

  

Lesson 3	
Training: January 16, 2024	Lesson Delivery: begins January 18, 2024

  

Lesson 4	
Training: January 16, 2024	Lesson Delivery: begins January 18, 2024

  

Lesson 5	
Training: March 12, 2024	Lesson Delivery: March 14 – March 22, 2024

  

Lesson 6	
Training: March 12, 2024	Lesson Delivery: May 9 – 17, 2024

