

2022 - 23 LiveWell Kids Volunteer Trainings

Kickoff and Lesson 1 & 2

Beach Cities Health District Garden
514 N. Prospect Ave., Redondo Beach

Tuesday, October 4, 2022

Kindergarten & 1 st Grade	9:00 - 10:20am
2 nd & 3 rd Grade	10:30 - 11:50am
4 th & 5 th Grade	12:00 - 1:20pm

Lesson 3 & 4

Beach Cities Health District Garden
514 N. Prospect Ave., Redondo Beach

Tuesday, January 17, 2023

Kindergarten & 1 st Grade	9:00 - 10:20am
2 nd & 3 rd Grade	10:30 - 11:50am
4 th & 5 th Grade	12:00 - 1:20am

Lesson 5 & 6

Beach Cities Health District Garden
514 N. Prospect Ave., Redondo Beach

Tuesday, March 14, 2023

Kindergarten & 1 st Grade	9:00 - 10:20am
2 nd & 3 rd Grade	10:30 - 11:50am
4 th & 5 th Grade	12:00 - 1:20pm

***Please check in with your school's front office for any
volunteer screening requirements***



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Lesson Delivery Dates

LiveWell Kids lessons need to be delivered within the lesson delivery time frame listed below. Success of the garden relies on planting and harvesting during the given time frame.

For questions, please contact Mishell Balzer (Mishell.Balzer@bchd.org) and Tami Kachel (Tami.Kachel@bchd.org)

Lesson 1: The Importance of Water for People and Plants

Training: October 4, 2022

Lesson Delivery: October 6 – October 14, 2022

Lesson 2: Planting Seasonal Foods

Training: October 4, 2022

Lesson Delivery: November 7 – November 18, 2022

Lesson 3: Soil, Sodium and Minerals

Training: January 17, 2023

Lesson Delivery: begins January 18, 2023

Lesson 4: Pollination and Seeds

Training: January 17, 2023

Lesson Delivery: begins January 18, 2023

Lesson 5: Harvesting Cool Season Crops

Training: March 14, 2023

Lesson Delivery: March 15 – March 24, 2023

Lesson 6: Warm Season Planting

Training: March 14, 2023

Lesson Delivery: May 10 – 19, 2023

