

# Beach Cities Partnership for Youth

## Hybrid Coalition Meeting

Thursday, April 28, 2022

8:30 – 10 a.m.



# Beach Cities Partnership for Youth

## Meeting Agenda:

- Beach Cities Health District Welcome
- “Youth Mental Health in the Beach Cities” PhotoVoice presented by BCHD’s Youth Advisory Council
- allcove Beach Cities Update
- Cannabis Policy Considerations in the Beach Cities



# BCHD's Mission

To enhance community health through partnerships, programs and services for people who live and work in Hermosa Beach, Manhattan Beach and Redondo Beach



# BEACH CITIES PARTNERSHIP FOR YOUTH COALITION

The Beach Cities Partnership for Youth Coalition includes more than 200 community partners who are improving student mental health and well-being, while reducing substance use and bullying.

## STEERING COMMITTEE



### STUDENTS

- Reduce teen substance use
- Decrease stress & bullying
- Improve social-emotional well-being
- Provide more opportunities for youth involvement in purposeful activities

YOUTH ADVISORY  
COUNCIL



### PARENTS

- Increase number of parents talking with their kids about alcohol, drugs, social media, mental health and bullying
- Educate and empower parent community about substance use and mental health

FAMILIES CONNECTED  
PARENT ADVISORY GROUP



### SCHOOLS

- Enhance student & staff connections on campus
- Improve students' resilience to change and ability to adapt to stressful events in healthy and flexible ways
- Increase knowledge of short and long-term health and social impacts of drug and alcohol use

SCHOOL ADVISORY BOARD



### PROVIDERS

- Grow network of community partners
- Bridge gaps between schools, community needs and service delivery

STUDENT MENTAL  
HEALTH PROVIDER  
TASK FORCE



### COMMUNITY

- Explore environmental and policy change strategies across the community to support youth mental health and substance use prevention
- Educate and inform stakeholders on health impacts of programs and policies impacting youth

COMMUNITY POLICY  
WORKGROUP

# Steering Committee

- **Stacey Armato**, Mayor, City of Hermosa Beach
- **Maggie Bove-LaMonica**, Board President, Hermosa Beach City School District
- **Rachel Campbell**, Campus Pastor, Flourishing Church, Hermosa Beach
- **Noel Chun**, MD, President, Beach Cities Health District Board of Directors
- **Rani**, 11th Grader, Redondo Union High School
- **Christina Giguere**, Director of Student Services, Manhattan Beach Unified School District
- **Jennifer Cochran**, Board of Trustees, Manhattan Beach Unified School District
- **Moe Gelbart**, PhD, Executive Director, Thelma McMillen Center for Alcohol & Drug Treatment, Torrance Memorial
- **Sylvia Gluck**, Director of Administrative Services, Hermosa Beach City School District
- **Alex**, 12th Grader, Mira Costa High School
- **Joan Stein Jenkins**, Esq., Director, Beach Cities Juvenile Diversion Project
- **Alice Kuo**, MD, PhD, MBA, Professor and Chief, UCLA Internal Medicine and Pediatrics
- **Paul LeBaron**, Chief, Hermosa Beach Police Department
- **Kristine Lloyd-Tangermann**, Prevention Program Specialist, Substance Abuse Prevention & Control, Los Angeles County Department of Public Health
- **Laura McIntire**, Founder, South Bay Families Connected
- **Hildy Stern**, Mayor, City of Manhattan Beach
- **Anthony Taranto**, EdD, Executive Director of Student Services, Redondo Beach Unified School District
- **Angela Wilson**, LMFT, Director of Mental Health Programs, South Bay Children's Health Center
- **Issac Yang**, Division Chief, Redondo Beach Fire Department





# Youth Advisory Council



# Youth Advisory Council

## Youth Mental Health in the Beach Cities PhotoVoice

<https://www.youtube.com/watch?v=l6TMJ620CUE>





# 2022 California Healthy Kids Survey (CHKS)

## Data Mental Health

**Chronic Sadness/Hopelessness: Percentage of Beach Cities students who reported experiencing chronic sadness/hopelessness in the past 12 months**

	<b>Beach Cities 2018</b>	<b>Beach Cities 2019</b>	<b>Beach Cities 2020</b>	<b>Beach Cities 2021</b>	<b>Beach Cities 2022</b>	<b>L.A. County 2017-2019</b>	<b>California 2017-2019</b>
<b>7th grade</b>	20 %	23 %	29 %	29 %	20 %	28 %	30 %
<b>9th grade</b>	30 %	28 %	34 %	41 %	29 %	32 %	33 %
<b>11th grade</b>	35 %	40 %	41 %	45 %	37 %	34 %	37 %

Due to COVID-19, CHKS data was unable to be collected in Spring 2020 in MBUSD and HBCSD. In order to account for this gap, survey data was collected twice throughout the 2020-2021 school year in these school districts. Data displayed as “2020” was collected in Spring 2020 (RBUSD) and Fall 2020 (HBCSD and MBUSD), with 2021 data collected in all three districts in Spring 2021.





# 2022 California Healthy Kids Survey (CHKS)

## Data Mental Health

**Suicide: Percentage of Beach Cities students who reported seriously considering attempting suicide within the past 12 months**

	Beach Cities 2018	Beach Cities 2019	Beach Cities 2020	Beach Cities 2021	Beach Cities 2022	L.A. County 2017-2019	California 2017-2019
7th grade	N/A	10%	10%	13%	7%	14%	N/A
9th grade	17%	13%	13%	16%	14%	16%	16%
11th grade	16%	18%	15%	15%	18%	15%	17%

Due to COVID-19, CHKS data was unable to be collected in Spring 2020 in MBUSD and HBCSD. In order to account for this gap, survey data was collected twice throughout the 2020-2021 school year in these school districts. Data displayed as “2020” was collected in Spring 2020 (RBUSD) and Fall 2020 (HBCSD and MBUSD), with 2021 data collected in all three districts in Spring 2021.

# May is Mental Health Awareness Month

- Families Connected Speaker Series
- Kindness Initiative
- Mental Health Awareness Fairs: Manhattan Beach Middle School & Mira Costa High School
- Youth Advisory Council activities
- Submit your events on the Beach Cities Health District Community Calendar





# FAMILIES CONNECTED SPEAKER SERIES

## Left to Our Own Devices: Parenting Strategies for Healthy Device Management and Optimal Mental Health

Presented by Dr. Don Grant

**Tuesday, May 17 • 6:30 – 8 p.m.**

Hermosa View at Vista, Multi-Purpose Room (417 25th St. Hermosa Beach, CA 90254)



**Dr. Don Grant**

Register at [southbayfamiliesconnected.org](https://southbayfamiliesconnected.org)

For mental health referrals, go to [bchd.org/resources](https://bchd.org/resources)

# Kindness Initiative

- Every act of kindness, big or small, has the power to make a difference in someone's life. By sharing your story, you empower others to choose kindness more often. Be kind and share your kindness story at [www.bchd.org/kindnesscounts](http://www.bchd.org/kindnesscounts).





# Youth Advisory Council

## Words Matter: Supporting Others with Helpful Language



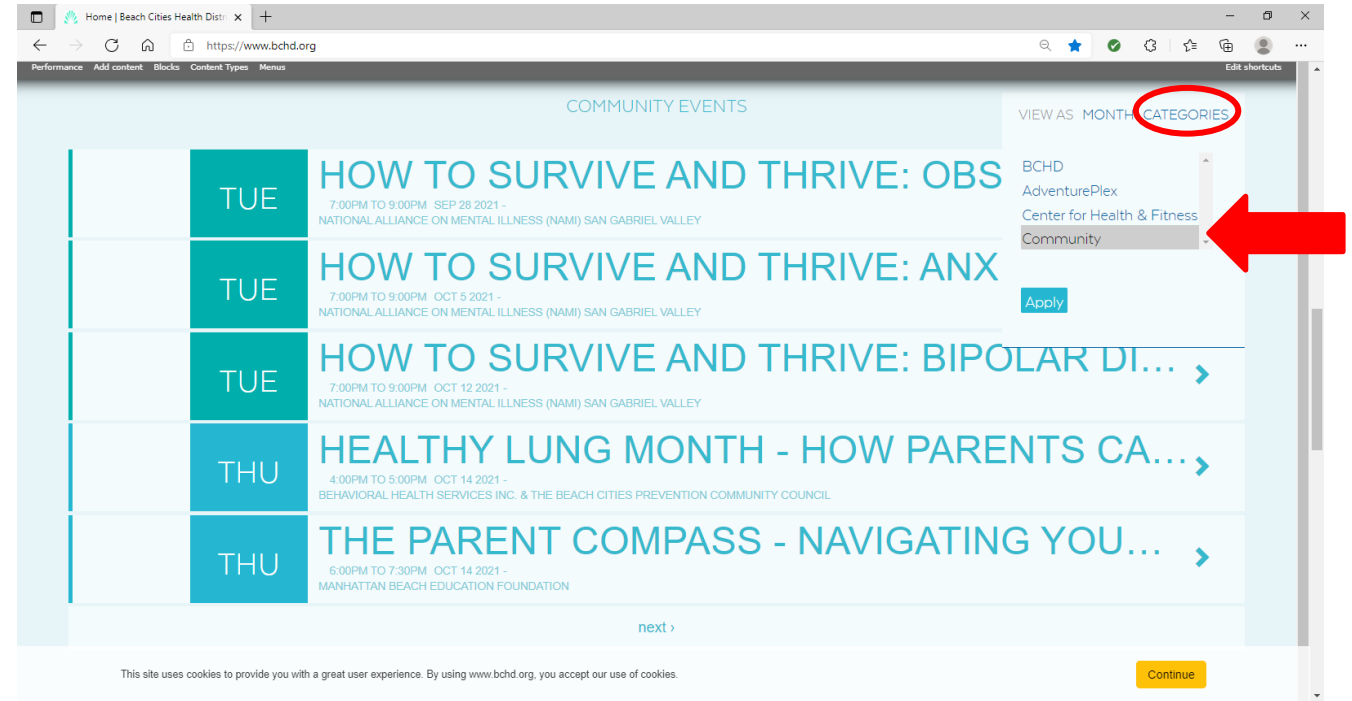
SAY THIS	NOT THIS
What can I do to support you?	You'll be okay. / You're fine.
I can't really understand what you are feeling, but I can offer my compassion and support.	It's not a big deal.
Would you like to talk about what you're going through? If not, who are you comfortable talking to?	Snap out of it.
That sucks, I'm sorry! How can I be there for you?	You think you have it bad.
You're not alone in this. I may not understand exactly how you feel, but I care about you and want to help.	It could be worse.
I know you are anxious; do you want to talk about it?	You'll get over it.



# Beach Cities Health District Community Calendar

Beach Cities Health District would like to highlight community events hosted and sponsored by our community partners.

We request that all events submitted for consideration align with the **health priorities of the Beach Cities Health District** and are offered for **free or low cost**.



For more information, contact:  
nicole.lunde@bchd.org





# allcove

**where every youth belongs,  
chooses the support they need and thrives**

# Launching allcove Beach Cities



## Core Model

Request for Qualifications  
datacove  
Evaluation



## Facility

Space as therapy  
Construction  
Furniture



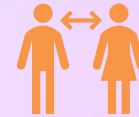
## Youth Engagement

Youth Advisory Group  
Outreach to 12-25



## Personnel

Staff  
Contractors  
Volunteers



## Communication

Community engagement  
Promotion  
Advertising

# Request For Qualifications (RFQ)

**\$248,000 is available through this Request for Qualifications**

**Early May:** Beach Cities Health District will release its Request for Qualifications seeking interest from community partners to be considered for program and service delivery within allcove Beach Cities.

**May 31:** Responses must be submitted and exhibit the capacity to provide support within the desired service streams while following the components of the allcove model.

**June 2022:** Service providers will be announced.

# Statement of Qualifications

- Letter of Transmittal
- Qualifications and Experience of Agency, Including Subcontractors
- Model Integrity Framework
- Agency Team
- Financial Resources
- Organizational Profile
- Required Disclosures
- Insurance Requirements

Respondents must describe if they 1) seek funding through BCHD to provide services; 2) seek to provide a combination of BCHD-funded and in-kind services or 3) seek to provide in-kind services, utilizing allcove as a space to host already established programming.

# Service Streams

Mental health

Physical health

Substance use

Peer support

Family support

Supported  
education and  
employment

Life skills/Wellness services

# Clinical services: Mental health

Recommended evidence-based short-term mental health services may include:

- Assessment and screening
- Brief face-to-face mental health interventions with the young person and their family
- Psychological or psychiatric consultation and brief intervention
- Individual motivational interviewing with the young person
- Mental health awareness and psychoeducation with the young person
- Mental health awareness and psychoeducation with family
- General family support to assist families in supporting their young people
- Group programs for young people and families
- Referral and linkages to other services



# Clinical services: Physical health

Physical health services at allcove may include:

- Physical exam and checkup
- Gynecological exam (pap, breast)
- STD testing and treatment
- HIV prevention pre-exposure prophylaxis (assessment and prescription)
- Pregnancy testing
- Birth control and emergency contraceptive
- Nutrition service
- Flu shot
- TB testing
- Immunization
- Vision and hearing exam

# Clinical services: Substance use

Recommended evidence-based short-term substance use services may include:

- Assessment and screening
- Brief face-to-face substance use interventions with the young person and their family
- Counseling
- Group programs for young people and families
- Referral and linkages to other services
- Narcan/Naloxone education
- Overdose prevention and response trainings
- Prevention education
- Youth-led advocacy opportunities
- Smoking cessation
- Harm reduction initiatives like anonymous medication surrender or needle exchanges

# Peer support

Young people can connect with peers their own age who've been through what they are going through and can help them make sense of it all.

Peer support services at allcove may include:

- Peer welcome upon entrance to allcove Beach Cities
- Peer support resource referrals and case management by Peer Support Specialists
- Peer-to-peer tutoring
- Peer support groups for young people
- Peer-led workshops and trainings

# Family support

For family members seeking to connect the young people in their lives to resources and support with whatever they are facing

Family support services at allcove may include:

- Parent/Family support groups
- Parent/Family psychoeducation and workshops
- Skill development supports: Parent/partner model, how to motivate your teen, for example

# Supported education and employment

Supported education and employment services at allcove may include:

- Tutoring
- Career coaching
- Financial literacy workshops
- Mentorship
- College application supports
- Resume-building and interviewing practice
- Job placement referrals
- Job readiness (what to do after you get a job, what to ask, etc.)
- Time management preparation
- Strengths assessments
- Training courses

# Life skills and wellness services

Life skills and wellness services at allcove may include:

- Workshops and trainings on culinary arts, housing, independence, gardening and laundry
- Courses and classes in yoga, mindfulness, hope, coping skills and more
- Therapeutic opportunities for art and music, and other creative outlets
- Purpose workshops
- Outdoor field trips/ nature days
- Certifications in CPR, babysitting, emergency preparedness
- Animal therapy



# Proposed Staffing

Role	FTE
Staff	
Lead Agency Leadership	0.5
Facility Manager	0.5
Facility Coordinator	1
allcove Clinical Manager	1
Supported Education and Employment Supervisor	0.8
allcove Clinical Coordinator	1
Youth Peer Support Specialist	0.7
Contract	
Physician	0.4
Registered Nurse	0.5
Psychiatrist	0.4
Licensed Behavioral Health Clinicians	2
Family Support	0.2
TOTAL FTE	9

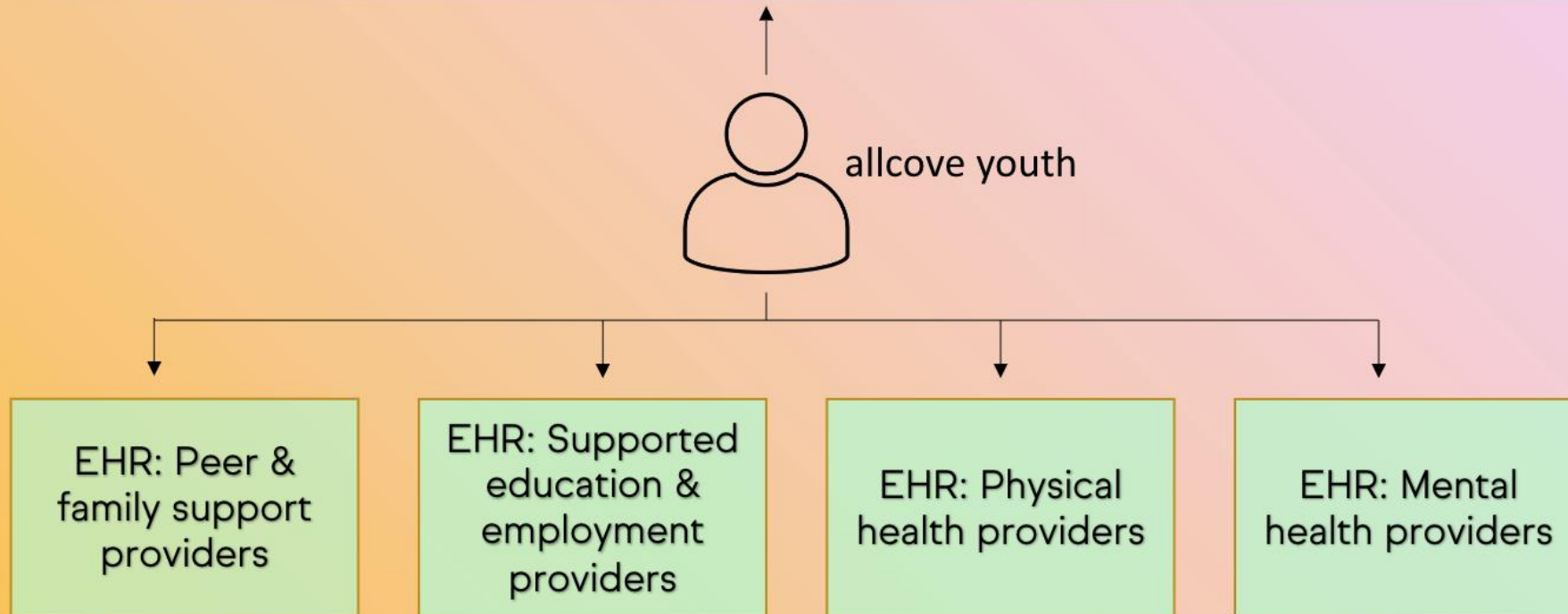
# What is the datacove?

1. Centralized registry for all youth, providers, and staff interacting with services at allcove centers
2. Supports care and clinical practice
  - A place for providers to learn a youth's story – through the collection of the allcove minimum data set (MDS) – so youth do not have to repeat information multiple times
3. Allows for program evaluation and quality improvement



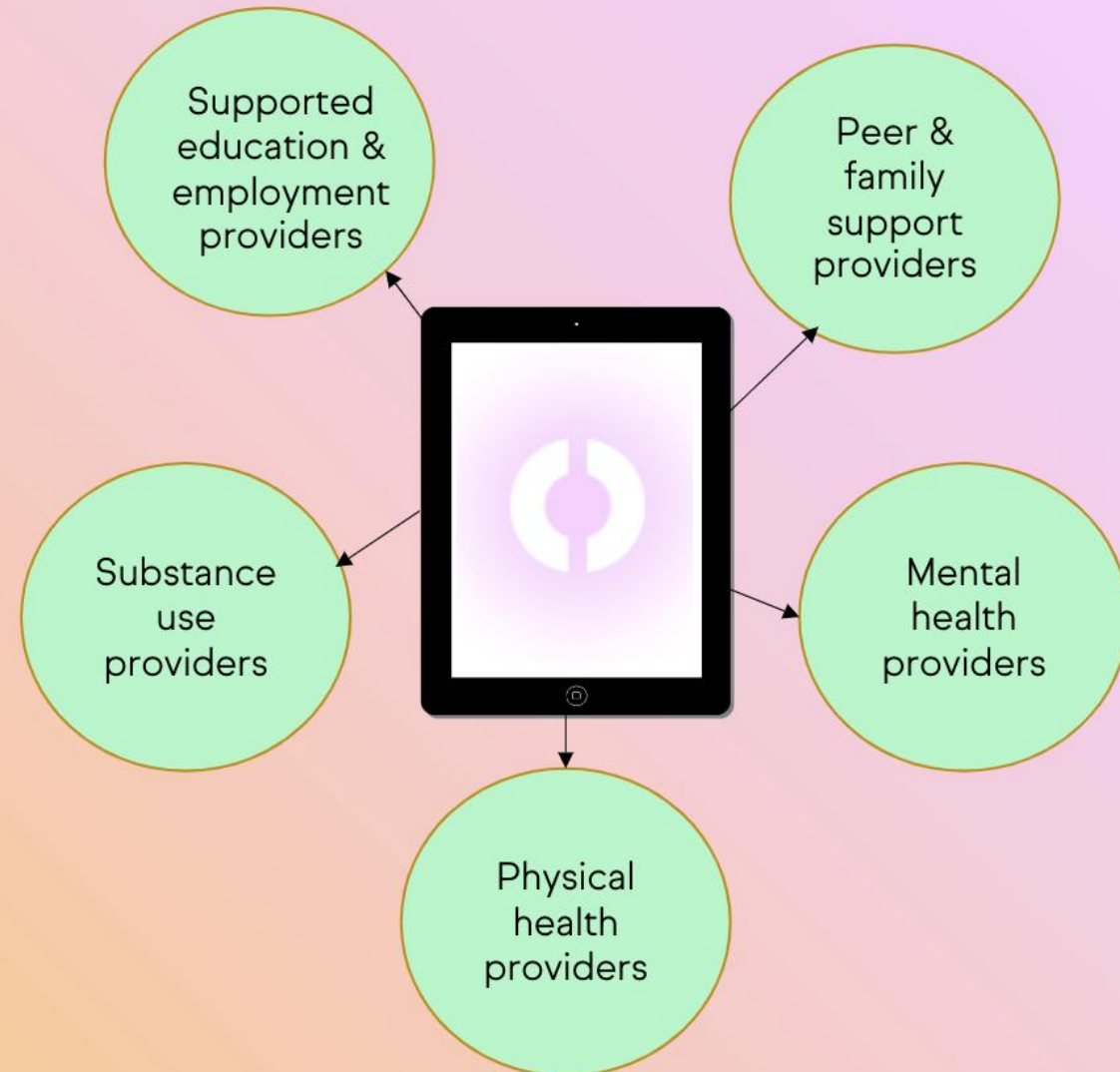
# datacove: Centralized data collection system

datacove: Centralized allcove registry sitting parallel to lead agency EHR systems



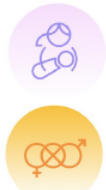
# allcove minimum data set (MDS)

- Youth and providers will be able to complete MDS questions through secure tablet-based data entry functionality.
- This data will then be immediately accessible to their allcove care team to support care & clinical practice.

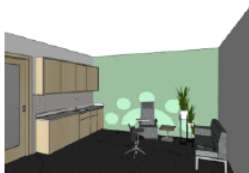




# Facility Rendering



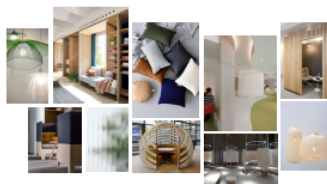
**Restrooms,  
Wellness Room**



**(F) Chat Rooms**



**(E) The Pantry**



**(D) The Cove**



**Branding**



**(B) Community Wall**



**Entrance,  
Check-in**



- Entrance and check-in
- Physical health services
- Staff area



There is a crack  
in everything.  
That's how the  
light gets in.  
-Leonard Cohen



find your  
moment.



While there  
is life there  
is hope.  
-Leonard Cohen



find your  
center.



allcove reminds  
me to take  
a breath.  
-Lisa, San Jose







# allcove Beach Cities in the Healthy Living Campus





# allcove Beach Cities at the Healthy Living Campus



# Master Plan



## Phase 1

- BCHD Programs & Services
  - **allcove Youth Wellness Center**
  - Care Management
  - Information & Referrals
- Residential Care for the Elderly
- Program of All-Inclusive Care for the Elderly
- Active Open Green Space
- Parking

## Phase 2

- Community Wellness Pavilion
- Aquatics
- Center for Health & Fitness
- Parking

**Fewer Units:** Reducing RCFE units from 420 to 217

**Smaller Building Sizes:** 426,000 sf to 253,700 sf

**Less Construction Time:** From nine to five years in two phases (instead of three phases)



# allcove Youth Advisory Group

- The allcove Youth Advisory Group ensures that youth voices are at the forefront of the allcove Beach Cities center experience.
- Group of young leaders ages 16-25 who represent the diversity of the Beach Cities and surrounding communities across race, ethnicity, gender, sexual orientation, lived experience, ability and socio-economic status.
- [www.bchd.org/allcovebeachcities](http://www.bchd.org/allcovebeachcities)



# Financial sustainability

## Goals

- Services will be provided free of charge to young people 12-25.
- allcove centers will become self-sustaining through a mix of public-private partnerships and novel reimbursement models.

## Short-term

- Mental Health Services Act funds will provide funding for the four-year pilot in Santa Clara County and seed funding for allcove centers in five other California communities.
  - **BCHD receiving \$2 million from state grant for 4-year term** (*December 2021-2025*)
- Lead agencies are charged with raising additional funds and pursuing available mechanisms for service reimbursement.
  - **BCHD receiving \$1 million of funding from federal earmark** (*June 2022-2025*)

## Long-term

Stanford's Center for Youth Mental Health and Wellbeing and Mental Health Services Oversight and Accountability Commission will work with local grantees to:

- Explore and develop public reimbursement funding mechanisms for allcove services.
- Explore and pursue reimbursement of cost sharing with private payers.

# Community Collaboration

- Recruited allcove Youth Advisory Group
- Announcing Request For Qualification process
- Engaging community stakeholders
- Promoting allcove Beach Cities opening



# Movement Activity Break



# Cannabis Policy Considerations in the Beach Cities

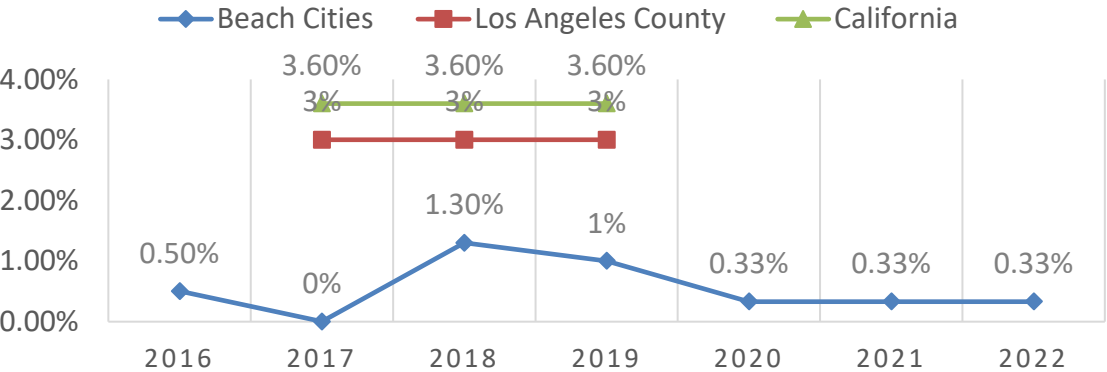


# Policy Report Card

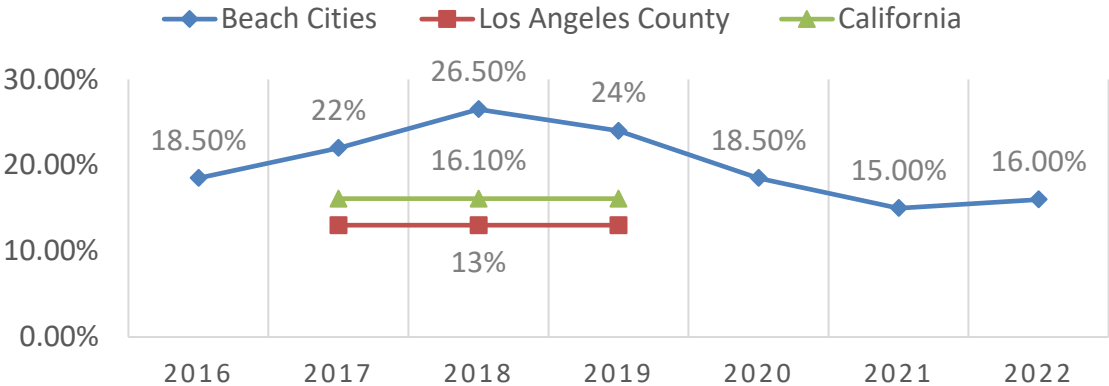
	Hermosa Beach	Manhattan Beach	Redondo Beach
<b>Tobacco Control</b>			
American Lung Association State of Tobacco Control 2022 Grade	B	A	C
Comprehensive Smoking Ban in Public Places	✓	✓	✓
Tobacco Retail License	✓	✓	✓
Ban on the sale of all flavored tobacco products	✓	✓	✓
Flavor ban includes adult-only stores	✓	✓	✓
Density and proximity of tobacco retailers in youth areas	✓	✓	✗
Ban on the sale of electronic smoking devices	✓	✓	✗
Regulations on Smoking in Multi-Unit Housing	✗	✓	✗
Ban of the Sale of all Tobacco Products	✗	✓	✗
<b>Alcohol</b>			
Social Host Liability Ordinance	✓	✓	✗
<b>Marijuana</b>			
Ban on recreational marijuana dispensaries and manufacturing within city limits	✓	✓	✓

# 2022 California Healthy Kids Survey (CHKS) Data Substance Use

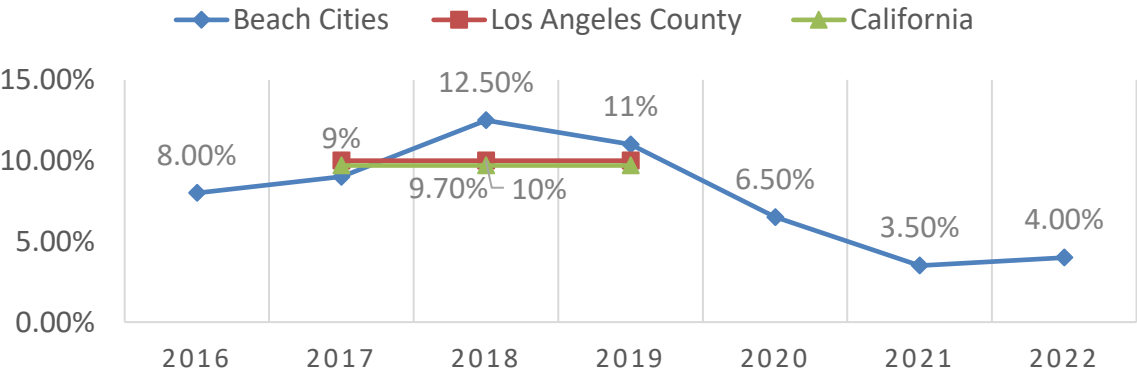
## PAST 30-DAY USE OF MARIJUANA- 7TH GRADERS



## PAST 30-DAY USE OF MARIJUANA- 11TH GRADERS

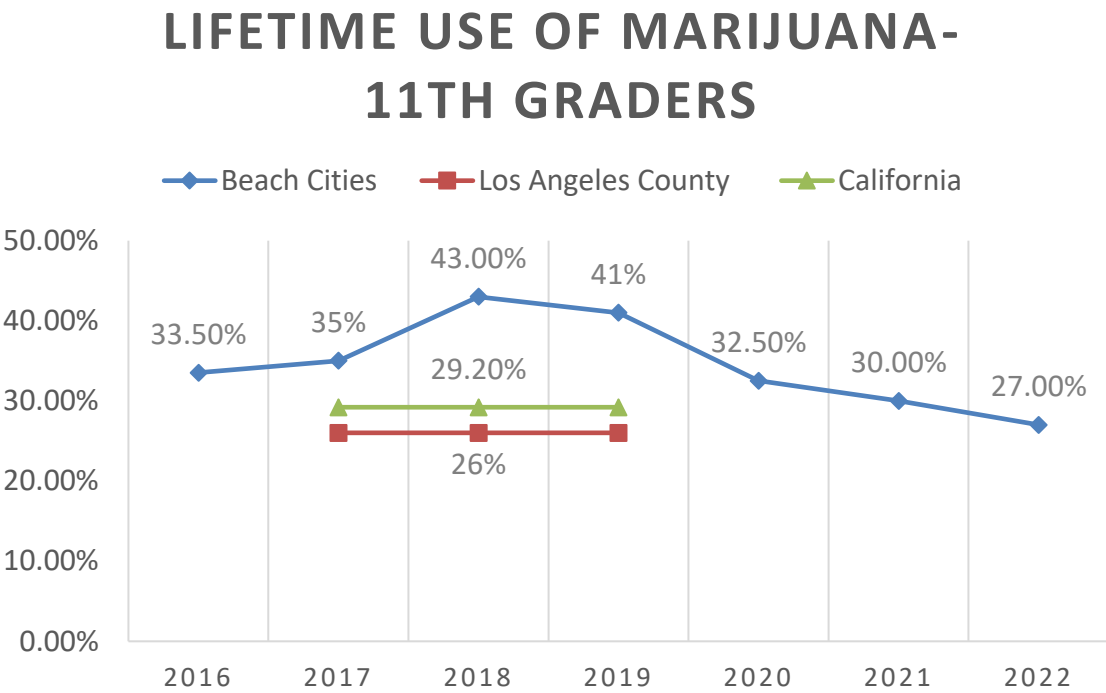
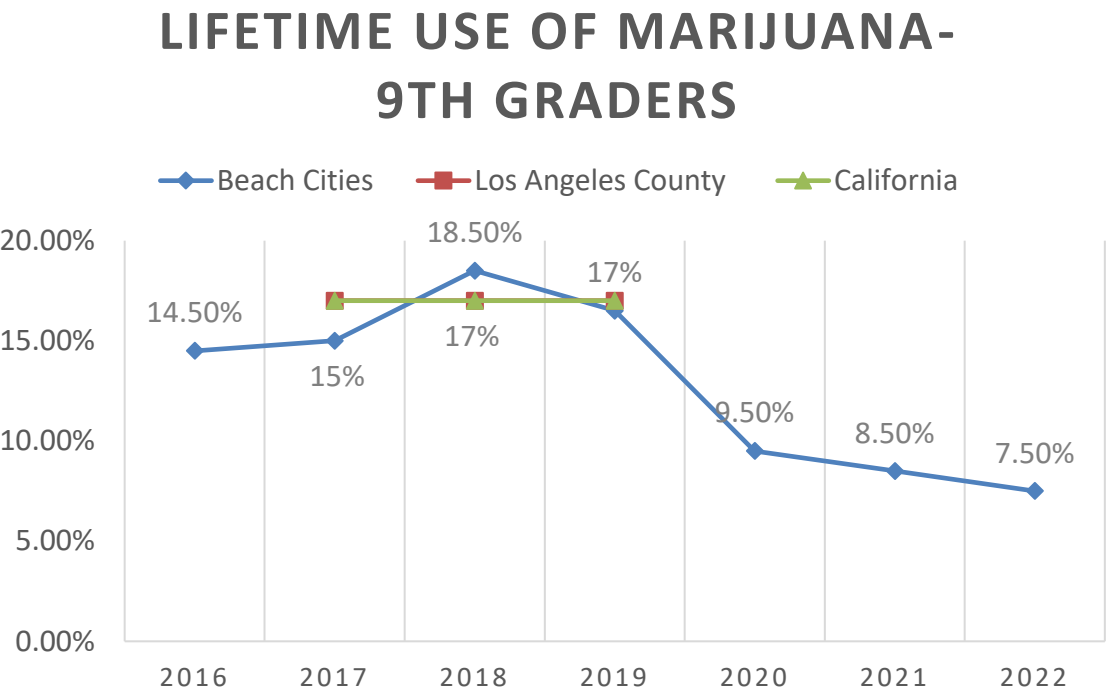


## PAST 30-DAY USE OF MARIJUANA- 9TH GRADERS



\*California and Los Angeles County data are provided by the Biennial State CHKS Report, based on a randomly-selected representative sample of secondary schools surveyed over a two-year period. The most recent available data is from 2017-2019.

# 2022 California Healthy Kids Survey (CHKS) Data Substance Use



\*California and Los Angeles County data are provided by the Biennial State CHKS Report, based on a randomly-selected representative sample of secondary schools surveyed over a two-year period. The most recent available data is from 2017-2019.

## How do most kids at your school who use marijuana usually get it? (Mark all that apply)

	Beach Cities 2022 (11 <sup>th</sup> graders)	California 2017-2019 (11 <sup>th</sup> graders)
At school	20%	29%
At parties	36%	37.7%
At concerts or other social events	15%	19%
At their own home	21%	25.1%
From an adult acquaintance	26%	23.8%
From friends or another teenager	46%	44.4%
Buy it at a marijuana dispensary	22.5%	19.3%
At bars or clubs	2%	5%
Other	9%	11.3%
Don't know	52%	49.6%

# Retail Cannabis Initiatives in the Beach Cities

- Cannabis proponents have circulated initiative petitions that would allow for commercial cannabis dispensaries in Hermosa Beach, Manhattan Beach and Redondo Beach.
- All three petitions have gathered enough signatures to qualify for upcoming elections and each of the City Councils are discussing potential options of whether to:
  1. Adopt their own ordinances
  2. Place competing initiatives on the ballot
  3. Maintain their existing bans on commercial cannabis





# Hermosa Beach

- The ballot initiative for the November 2022 election calls for two retail cannabis storefront businesses and the delivery of cannabis products.
- Hermosa Beach established a Cannabis Advisory Group and City Council has heard their recommendations on whether to oppose the initiative and maintain the ban, adopt their own ordinance or place a competing measure on the ballot.
- City Council will discuss the next steps at their city council meeting on May 10, 2022.



# Manhattan Beach

- The ballot initiative would allow for three retail cannabis storefront businesses and the delivery of cannabis products.
- At the May 3, 2022 City Council meeting, staff will prepare a report on the impacts of the initiative and outline potential options the Council can move forward with.



# Redondo Beach

- The ballot initiative for the March 2023 election would allow for three retail cannabis storefront businesses and the delivery of cannabis products.
- Redondo Beach established a Cannabis Steering Committee which discussed a commercial cannabis ordinance and presented their recommendations to the Council.
- The Planning Commission reviewed a draft ordinance that would establish two retail licenses. Their recommendations include that retailers be at least 600 ft away from elementary schools, day cares and youth centers and at least 1,500 ft away from high schools and middle schools.
- The City Council will consider the ordinance at a future meeting.



# Cannabis Policy Considerations in the Beach Cities

What role can our coalition have with the cannabis policy considerations in the Beach Cities over the next 6 months?

- 1) Organize and host a community cannabis forum event
- 2) Implement youth focused curriculum/education directed towards school community
- 3) Educate parent/guardian stakeholders through existing meetings (e.g., PTA, wellness councils)
- 4) Activate community members to educate residents on the upcoming ordinances and initiatives
- 5) Expand Beach Cities specific qualitative data collection and share findings



# Continuing the Conversation: Cannabis Policy Considerations in the Beach Cities

Breakout Discussions



# Upcoming Meeting Dates:

Mental Health Awareness Fair @ Mira Costa High School – May 11, 2022

Mental Health Awareness Fair @ Manhattan Beach Middle School – May 12, 2022

Youth Advisory Council – May 17, 2022

Families Connected Speaker Series – May 17, 2022

School Advisory Board Workgroup – May 20, 2022

