

2026-27 LiveWell Kids

Volunteer Trainings

All trainings will be held virtually. The link will be sent to you by your LiveWell Kids Lead Volunteer the week before the training. For your convenience, trainings will be recorded.

TRAINING #1: LESSONS 1 & 2

Tuesday, September 22, 2026

Lesson 1: 10:00 – 10:30am (Q&A: 10:30-10:45am)

Lesson 2: 10:45 – 11:15am (Q&A: 11:15-11:30am)

TRAINING #2: LESSONS 3 & 4

Tuesday, January 12, 2027

Lesson 3: 10:00 – 10:30am (Q&A: 10:30-10:45am)

Lesson 4: 10:45 – 11:15am (Q&A: 11:15-11:30am)

TRAINING #3: LESSONS 5 & 6

Tuesday, March 16, 2027

Lesson 5: 10:00 – 10:30am (Q&A: 10:30-10:45am)

Lesson 6: 10:45 – 11:15am (Q&A: 11:15-11:30am)

An optional in-person Q&A session will be held at 10:00 AM the following morning after each training in *The LiveWell Kids Demonstration Garden* — provided there's enough interest.

The LiveWell Kids Demonstration Garden
Beach Cities Health District
514 N. Prospect Ave., Redondo Beach



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Lesson Delivery Dates

LiveWell Kids lessons need to be delivered within the lesson delivery time frame listed below.
Success of the garden relies on planting and harvesting during the given time frame.

*****Please check in with your school's front office for any volunteer screening requirements***

For questions, please contact Mishell Balzer (Mishell.Balzer@bchd.org)

Lesson 1	
Training: September 22, 2026	Lesson Delivery: September 23 – October 9, 2026
Lesson 2	
Training: September 22, 2026	Lesson Delivery: October 20 – November 6, 2026
Lesson 3	
Training: January 12, 2027	Lesson Delivery: January 13 – 29, 2027
Lesson 4	
Training: January 12, 2027	Lesson Delivery: February 22 – March 5, 2027
Lesson 5	
Training: March 16, 2027	Lesson Delivery: March 17, 2027 – (open)
Lesson 6	
Training: March 16, 2027	Lesson Delivery: May 17 – 28, 2027

