

# Spread CHEER This Year

## DONATE TO THE 25TH ANNUAL HOLIDAY GIFT BAG PROJECT

The holidays can be a difficult and lonely time for isolated older adults and adults with disabilities in our community. However, each holiday season since 1998, friendly volunteers have delivered gift bags filled with practical and fun gifts like grocery gift cards, stamps, sudoku puzzles, batteries and more to 250 beach cities seniors and adults with disabilities in the Beach Cities Health District Care Management program.

"This is one senior here who really appreciates all that you do for seniors. Your organization goes the extra mile" -Nathan C., Client



### HOW TO GIVE

**Donate.** This can be done in any amount through a credit card or check. Donate \$100 or more by December 1st and you may have your family or organization's generosity acknowledged on our website, in a local newspaper, and in a letter that goes to all gift bag recipients.

**Deliver.** Volunteer and deliver cheer to an older adult in the Beach Cities this December. The visits help provide clients with joy, companionship, and comfort during the holiday season. Signups open October 31st.

#### Interested?

Go to [www.bchd.org/holidaygiftbags](http://www.bchd.org/holidaygiftbags)

#### Questions? Contact:

Alejandra Sierra, CVA,  
Volunteer Engagement  
Supervisor in Volunteer  
Services at  
310-374-3426, ext. 8160  
[alejandra.sierra@bchd.org](mailto:alejandra.sierra@bchd.org)



**YES!** I'd like to spread cheer in the community this holiday season by helping fund the Holiday Gift Bag project this year.

	Level	Amount
<input type="checkbox"/>	<b>Snowflake</b> 	<b>\$25</b>
<input type="checkbox"/>	<b>Poinsettia</b> 	<b>\$100</b>
<input type="checkbox"/>	<b>Star</b> 	<b>\$250</b>
<input type="checkbox"/>	<b>Angel</b> 	<b>\$500</b>
<input type="checkbox"/>	<b>Other Amount</b>	<b>\$ _____</b>



**Contact Information:**

Name: \_\_\_\_\_  
 Name of Organization (if applicable): \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/state/zip: \_\_\_\_\_

**For donations \$100+:** Please let us know how you would like your individual, family, organization name to be listed. If you would like to instead dedicate your donation to someone, please write "In Honor of" or "In Memory of" in front of it. You may leave this section blank if you wish to remain anonymous.

Dedication: \_\_\_\_\_

**Payment Methods:**

Credit card payments can be made at [www.bchd.org/holidaygiftbags](http://www.bchd.org/holidaygiftbags)

- ☐ My check payable to "Beach Cities Health District" is enclosed.  
☐ Please send me a receipt for this tax deductible donation for my records.

**Submit this form and check to:**

Beach Cities Health District  
 Attn: Volunteer Services/Holiday Gift Bags  
 1200 Del Amo Street  
 Redondo Beach, CA 90277

Use the QR code below for PayPal payments

