



Center for Health & Fitness

Member Working Group
Summary Report
Meeting #12
August 12, 2025

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Introduction

As Beach Cities Health District (BCHD) moves forward with implementing components of the Healthy Living Campus master plan, it has developed a Member Working Group (MWG) to engage members in planning for the relocation of its Center for Health & Fitness (CHF). The MWG is an informal, voluntary group of CHF members who represent a broad range of interests and ideas focused on the center's continued success as a fitness and preventive health resource for the community, and participation is by invitation and recommendation from the BCHD board and staff.

This report summarizes recent MWG activities and feedback received at the MWG meeting.

Purpose of Member Working Group

Community Working Groups such as this provide a forum for integrating member input. MWG participants represent the interests of various areas of the CHF membership and serve as an ambassador of these interests. Working Groups such as this are limited in scope to the planning of the relocation of CHF, are not a formal voting body and are organized to enhance input into the planning process.

MWG MEETING NO. 12 – August 12, 2025

Overview

The twelfth MWG meeting for the CHF convened in the Redondo Room at 514 N. Prospect in Redondo Beach. The attendee list, made up of involved CHF members from the three Beach Cities communities, was developed by staff.

Recap of the August 12 Meeting

Thirteen members attended, with two members unable to join. The meeting provided an opportunity for participants to meet Struere, our newly contracted architect firm, and engage as stakeholders in the CHF relocation project. This meeting marked the beginning of the Programming/Schematic Design Phase, which will be supported by both a member survey and an MWG survey to help shape the initial design.

In attendance from BCHD were Tom Bakaly, BCHD CEO; Cristan Mueller, Chief Health Operations & Communications Officer; Dan Smith, Dir. of Communications; Cindy Foster, Health & Fitness Operations General Mgr.(remotely); Bernadette Lewis, Membership Services Mgr.; and Julie Lumbao, CHF Programs Mgr.

In attendance for Struere were (list out names titles here Silva/Hraztan).

Cristan Mueller opened the meeting by welcoming the Member Working Group (MWG) members and outlining the day's agenda. The key discussion points included:

Timeline / Process (Silva/Hraztan)

- Outline of the overall project schedule and milestones, showing how the design process will move from early input through final recommendations
- Key phases include survey recap, initial test fit, schematic design, and opportunities for member and stakeholder feedback
- Provides clarity on roles and responsibilities (Silva/Hraztan guiding architectural planning; MWG and staff providing input at key checkpoints)
- Emphasis on transparency—ensuring stakeholders understand when decisions will be made, how feedback is incorporated, and what deliverables are expected at each stage
- Establishes a shared roadmap so that members, staff, and board can track progress and anticipate next steps

Recap of MWG-Member Survey (Silva/Hraztan)

- High-level overview of survey goals and participation rates
- Key themes and takeaways from member feedback
- How survey insights will inform the design and planning process

Test Fit (Silva/Hraztan)

- Presentation of initial test fit and space utilization
- Alignment with program needs and survey results
- Identification of opportunities and challenges in the design layout
- Next steps for refining the test fit into schematic design

Questions (Silva/Hraztan)

- Open floor for MWG input and clarification
- Address specific member concerns highlighted in the survey
- Gather direction for the upcoming design phase

The session concluded with an emphasis on building upon the progress of previous efforts while maintaining momentum through continued work.

Summary of Participation

MWG Participants

Name	City of Residence	Attended
Joni Ackerman	Redondo Beach	Yes
Elias Altenes	Torrance	Yes
John Bunn	Torrance	No
Carol Cutting	Manhattan Beach	Yes
Georgette Gantner	Redondo Beach	Yes
Dennis Heck	Redondo Beach	Yes
Nikki Hoffman	Redondo Beach	Yes
Nancy Henningsen (sat in for Fred Lukin)	Redondo Beach	Yes
Carol Newton	Redondo Beach	Yes
Dennis McLean	Redondo Beach	Yes
Laurie McLean	Redondo Beach	Yes
Chantal Saltzman	Redondo Beach	No
Ron Werner	Manhattan Beach	Yes
Additional Guest Members		
Jean Lucie		Yes
Judith Alves		Yes

Next Meeting

- **Date:** Wednesday, September 17, 1:30 – 2:30 p.m.
- **Location:** Café at 514 N. Prospect in Redondo Beach, 1st floor
- **Agenda Items:** Working with selected Architect; schedule.

