

# BCHD Healthy Living Campus

FACT SHEET: JANUARY 2023

## Beach Cities Health District

Beach Cities Health District (BCHD) has served the people who live and work in Hermosa Beach, Manhattan Beach and Redondo Beach since 1955. Today, BCHD offers more than 40 free community health programs and services that promote wellness and prevent diseases across the entire lifespan.

BCHD has been working closely with the community since 2017 to reimagine our medical campus – home to our 60 year-old former hospital building located at 514 North Prospect Avenue – into an intergenerational Healthy Living Campus. Since May 2017, BCHD has held more than 60 meetings, drawing more than 1,000 comments regarding ways to modernize its property.

## Healthy Living Campus Overview



**11** acres

extending from Diamond to Beryl and Prospect to Flagler



**60** year-old building

and former hospital site does not currently meet tenant needs and is in need of a seismic upgrade



**2+**

acres of active green space in new Master Plan



**CURRENT CAMPUS**



**MASTER PLAN AFTER PHASE 1**

After certifying the Final Environmental Impact Report (EIR) for the BCHD Healthy Living Campus Master Plan in September 2021, the BCHD Board of Directors approved the campus project Master Plan during their November 2021 meeting. The 5-0 vote, which followed 3 ½ hours of presentation, public comments and deliberations, addresses potential impacts by:

- Reducing the number of units to 217
- Moving construction to the northern perimeter of the campus, adjacent to commercial use
- No access off Flagler Lane
- Limiting building heights to 83 feet and under
- A Greener/Sustainable Building/Campus: more energy efficient, improved water performance and cost effective

## Project Pillars



### Health

- Build a center of excellence focusing on wellness, prevention & research
- Leverage the campus to expand community health programs & services



### Livability

- Focus on emerging technologies, innovation & accessibility
- Create an intergenerational hub of well-being, using Blue Zones Project principles



### Community

- Actively engage the community & pursue partnerships
- Grow a continuum of programs, services & facilities to help older adults age in their community

# Comprehensive Master Plan Approach

BCHD is in the process of transforming our Redondo Beach property into a modernized Healthy Living Campus, an intergenerational hub that focuses on wellness and prevention for current and future Beach Cities generations.



## Master Plan Features:

- Approximately 217 residential care units
- Medical Office Building
- Youth Wellness Center
- 2+ acres of active green space
- Community Wellness Pavilion
- New Center for Health & Fitness
- Bike & pedestrian paths

## Phase 1

- BCHD Programs & Services
  - Care Management
  - Information & Referrals
  - allcove youth wellness center
- Residential Care for the Elderly
- Program of All-Inclusive Care for the Elderly
- Active Open Green Space
- Parking

## Phase 2

- Community Wellness Pavilion
- Aquatics
- Center for Health & Fitness
- Parking

## Services for All Ages

The Healthy Living Campus model provides an essential health service that will allow residents to immerse themselves in a vibrant, intergenerational campus and remain physically and socially connected to the Beach Cities community as they age.

There is a growing imperative to address the health needs of our aging population. In keeping with BCHD's mission, a portion of the Healthy Living Campus includes residential care for aging members of the Beach Cities.



For older adults where it is no longer feasible for them to remain in their homes, Residential Care for the Elderly (RCFE) offers assistance with basic daily living activities and functions, such as meal preparation, housekeeping, bathing or dressing, along with medical supervision and minor medical care.



Programs for All-Inclusive Care for the Elderly (PACE) is a Medicare and Medicaid program that helps people meet their health care needs in the community instead of going to a nursing home or other care facility. A team of health care professionals works with patients and their family to make sure proper coordinated care is provided.



BCHD is partnering with allcove™, a program developing an innovative network of integrated youth mental health centers. The partnership will produce a youth center at the Healthy Living Campus, offering mental and physical health resources, education, employment, peer and family support, and substance use prevention programs.