

Dementia & Healthy Living Symposium

Brought to you by the South Bay Dementia Education Consortium

Friday, March 13, 2026

10:00am – 2:00pm

Please join us at Silverado Rolling Hills as we welcome the South Bay Dementia Education Consortium for an informative and engaging symposium focused on the latest insights in dementia education and brain health. This special event will provide valuable information for families, caregivers, and professionals seeking to better understand memory changes, diagnosis, treatment options, and local resources.

Topics Include:

- Brain Health & Healthy Living Strategies
- Memory and Aging
- Early Warning Signs of Dementia
- Dementia & Alzheimer’s Disease Overview
- Diagnosis and What to Expect
- Clinical Trials & Research Studies
- Medical Care & Local Support Resources

Lunch will be provided, and valet parking will be available for your convenience.

We look forward to welcoming you for this important educational opportunity and meaningful community conversation.

**RSVP to Laurie Glover
by Monday, March 9, 2026**

**Call (424) 488-0593 or
email lglover@silverado.com**

Event will be held at:

Silverado Rolling Hills
2455 Pacific Coast Hwy
Torrance, CA 90505
silverado.com/rollinghills



In partnership with:

