

Joseph Benson

Massage Therapist



"My mission is to provide a healing touch, aiming to promote overall well-being and aid in the recovery process."

We are pleased to welcome Joseph Benson to our team as a new Massage Therapist.

As a wellness advocate in massage therapy, Joseph has collaborated closely with preventative & rehabilitative medical professionals to address diverse patient conditions across various realms of massage & bodywork. He has been instrumental in providing massage treatments that have helped many of his clients manage their pain, reduce stress, and promote their overall wellbeing. Joseph is passionate about helping others live healthier and happier lives through holistic massage and bodywork.

EDUCATION

B.S. in Kinesiology Exercise Science - University of Houston

Certification Physical Therapy Technician and Licensed Massage Therapist at Avalon School of Massage - Houston, Texas.

Book your appointment at the front desk.

30 minute - \$46

55 minute - \$76

85 minute - \$106

**BUY A 4 OR 12
PACK AND SAVE!**

WEEKLY SCHEDULE		
TUES/THURS	WEDS	SAT (EVERY OTHER)
3 – 7 p.m.	3 – 7 p.m.	10 a.m. – 2 p.m.



Center for
Health & Fitness

A Beach Cities Health District Program

