

RATES SHEET

Membership Type	New Monthly Fee
Basic	\$54 R / \$59 NR
Unlimited	\$120 R / \$132 NR
Silver Unlimited	\$79 R / \$87 NR
Virtual	\$40 R / \$44 NR

Resident (R) Rates – Applies to residents of Redondo Beach, Hermosa Beach, and Manhattan Beach. Residents support BCHD programs through local property taxes.

Non-Resident (NR) Rates – Applies to those living outside Redondo Beach, Hermosa Beach, and Manhattan Beach.

Personal Training	Fee
Individual Equipment Orientation Consult	\$25

Master Level 1 - 30 min Single	\$47 R / \$52 NR
Master Level 1 - 30 min 4 Pack	\$45 R / \$50 NR
Master Level 1 - 30 min 12 Pack	\$44 R / \$48 NR
Master Level 1 - 30 min 24 Pack	\$43 R / \$47 NR

Master Level 1 - 50 min Single	\$77 R / \$85 NR
Master Level 1 - 50 min 4 Pack	\$72 R / \$79 NR
Master Level 1 - 50 min 12 Pack	\$70 R / \$77 NR
Master Level 1 - 50 min 24 Pack	\$68 R / \$75 NR

Master Level 1 Group - 30 min	\$43 R / \$47 NR
Master Level 1 Group - 50 min	\$45 R / \$50 NR

Master Level 2 - 30 min Single	\$49 R / \$54 NR
Master Level 2 - 30 min 4 Pack	\$48 R / \$53 NR
Master Level 2 - 30 min 12 Pack	\$47 R / \$52 NR
Master Level 2 - 30 min 24 Pack	\$46 R / \$51 NR

Master Level 2 - 50 min Single	\$80 R / \$88 NR
Master Level 2 - 50 min 4 Pack	\$78 R / \$86 NR
Master Level 2 - 50 min 12 Pack	\$76 R / \$84 NR
Master Level 2 - 50 min 24 Pack	\$73 R / \$80 NR

Master Level 2 Group - 30 min	\$46 R / \$51 NR
Master Level 2 Group - 50 min	\$47 R / \$52 NR

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Pilates	Fee
Mat Pilates 1 Single	\$28.50 R / \$31 NR
Mat Pilates 6 Pack	\$27.50 R / \$30 NR
Mat Pilates 12 Pack	\$26.50 R / \$29 NR
Mat Pilates 24 Pack	\$25.50 R / \$28 NR

Reformer 1 Single	\$35.50 R / \$39 NR
Reformer 6 Pack	\$32.50 R / \$36 NR
Reformer 12 Pack	\$31.50 R / \$35 NR
Reformer 24 Pack	\$30.50 R / \$34 NR

Intro to Private Pilates 01 Single	\$62.50 R / \$69 NR
Private Pilates 1 Single	\$72.50 R / \$80 NR
Private Pilates 12 Pack	\$69.50 R / \$76 NR
Private Pilates 24 Pack	\$66.50 R / \$73 NR

Semi-Private Pilates 1 Single	\$52.50 R / \$58 NR
Semi-Private Pilates 12 Pack	\$50.50 R / \$56 NR
Semi-Private Pilates 24 Pack	\$48.50 R / \$53 NR

Yoga	Fee
55 Minute Yoga Single	\$25.50 R / \$28 NR
55 minute Yoga 6 Pack	\$24.50 R / \$27 NR
55 minute Yoga 12 Pack	\$23.50 R / \$26 NR
55 minute Yoga 24 Pack	\$22.50 R / \$25 NR

Private Yoga Single	\$63 R / \$65 NR
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Semi-Private Yoga Single	\$61 R / \$63 NR
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Fee Based	Fee
Specialty Classes Single	\$10 R / \$11 NR
Specialty Classes 12 Pack	\$9 R / \$10 NR
Specialty Classes 24 Pack	\$8 R / \$9 NR

15 min Massage Single	\$33 R / \$36 NR
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30 min Massage Single	\$51 R / \$56 NR
30 min Massage 4 Pack	\$48 R / \$53 NR
30 min Massage 12 Pack	\$46 R / \$51 NR

55 min Massage Single	\$83 R / \$91 NR
55 min Massage 4 Pack	\$77 R / \$85 NR
55 min Massage 12 Pack	\$74 R / \$81 NR

85 min Massage Single	\$115 R / \$127 NR
85 min Massage 4 Pack	\$106 R / \$117 NR

Nutrition - 60 min Initial Consult	\$100 R / \$110 NR
Nutrition - 60 min Follow-up Consult	\$100 R / \$110 NR
Nutrition - 30 min Follow-up Consult	\$55 R / \$61 NR

Nutrition - 30 min Consultation 3 Pack	\$159 (\$53 per session) R \$177 (\$59 per session) NR
Nutrition - 30 min Consultation 5 Pack	\$260 (\$52 per session) R \$285 (\$57 per session) NR
Nutrition - 60 min Consultation 3 Pack	\$291 (\$97 per session) R \$321 (\$107 per session) NR
Nutrition - 60 min Consultation 5 Pack	\$470 (\$94 per session) R \$515 (\$103 per session) NR

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