

Beach Cities Health District (BCHD) invites you to participate in our first-ever Blue Zone Project® Restaurant Week!

Find great deals on healthy options from these favorite Blue Zones Project Approved™ Restaurants and Grocery Stores.



Show this page to receive the following deals.



Bollywood Zaika
633 N. Pacific Coast Hwy., Redondo Beach
20% off 12 oz. entrée of Tawa Sabji or Chana Masala



Ready Fit Go
1025 Pacific Coast Hwy., Hermosa Beach
15% off entire entrée



Captain Kidd's Fish Market & Restaurant
209 N. Harbor Dr., Redondo Beach
\$14.99 Yellowtail Salad



Manhattan Bread and Bagel
1812 N. Sepulveda Blvd., Manhattan Beach
\$2 off California Veggie Sandwich



Good Stuff
1617 S Pacific Coast Hwy, Redondo Beach
1286 The Strand, Hermosa Beach
20% off the Vegan Scramble



Riviera Mexican Grill
1615 S. Pacific Coast Hwy., Redondo Beach
\$11.99 Vegan Tacos



Lazy Acres Natural Market
2510 Pacific Coast Hwy., Hermosa Beach
\$10 off \$35 purchase



Sacks in the City
2512 Artesia Blvd., Redondo Beach
\$2 off all Veggie Toasts & Sandwiches



Scan the qr code
for this coupon



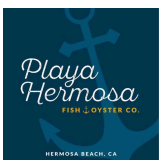
The Great Room Café
2810 Artesia Blvd., Redondo Beach
15% off entire order of Salads, Avocado Toast and Farmers Market Scrambles



Lido di Manhattan
1550 Rosecrans Ave., Manhattan Beach
\$16 Quinoa Primavera with a side of cauliflower with parmesan & capers



The Rockefeller
1707 S. Catalina Ave., Redondo Beach
418 Pier Ave., Hermosa Beach
1209 Highland Ave., Manhattan Beach
\$14.95 Vegan Chop Salad



Playa Hermosa Fish & Oyster
19 Pier Ave., Hermosa Beach
\$20 Vegan Green Curry with seasonal vegetables and ginger