



# Moai Open House Week

MARCH 17- MARCH 22

Fostering deeper social connections can support our health and wellness. During our Moai Open House Week, Beach Cities Health District (BCHD) invites the community to try out a new activity and meet new people by participating in our Moai social groups that get together regularly for walks, potlucks and conversation.

See below for our upcoming meeting dates.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
 VEGAN POTLUCK 1:30 PM   RB	 CORE MOAI 6:30 AM   Zoom	 MORNING WALKERS 8:00 AM   HB	 CORE MOAI 6:30 AM   Zoom	 MORNING WALKERS 8:00 AM   RB	 CORE MOAI 6:30 AM   Zoom
	 OCEANWALKERS 4:00 PM   RB	 OCEANWALKERS 4:00 PM   RB	 OCEANWALKERS 4:00 PM   RB	 WALKING MOAI 3:00 PM   TBD	

Pre-registration is required. Please reach out to Jackie.Uy@bchd.org to participate in these Moais. Moai Ambassadors will confirm your attendance and send you event details.