

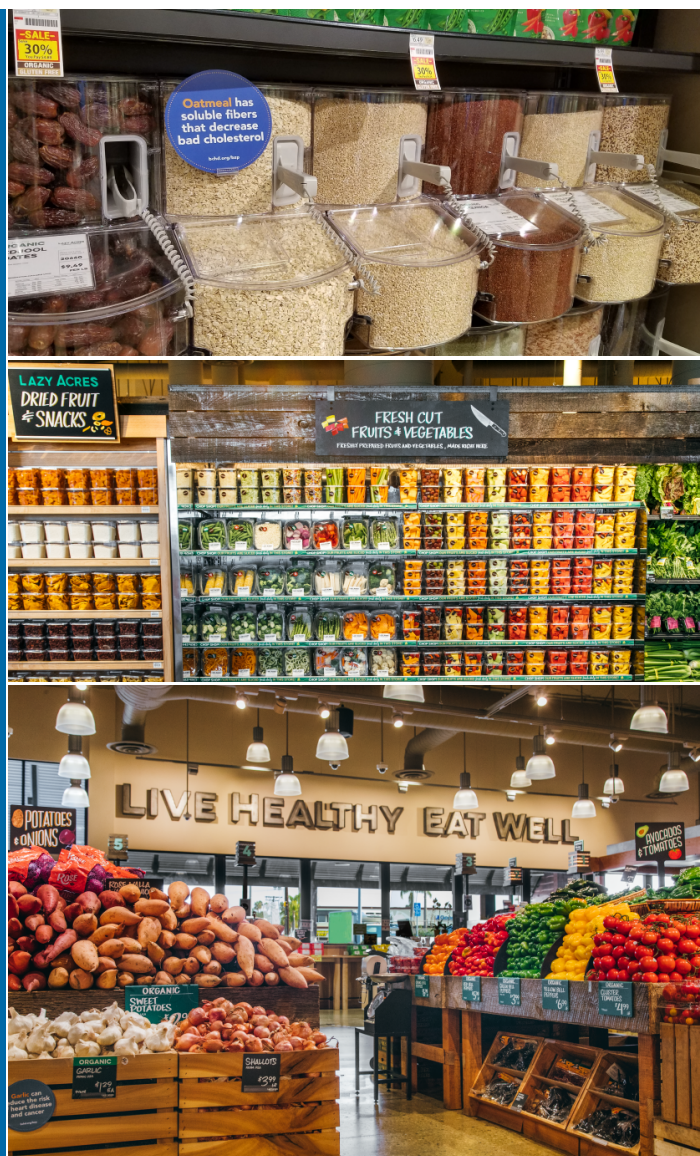


Blue Zones Project ApprovedTM Grocery Store

Blue Zones Project[®] is a community-wide well-being initiative to help make healthy choices easier for everyone in the Beach Cities.

Lazy Acres is helping make the healthy choice the easy choice for shoppers with:

- Signs to identify Blue Zones[®] foods and healthy options
- Recipes to assist in healthy eating
- Food samples and cooking demonstrations
- Blue Zones Project checkout lane
- Blue Zones Project parking spaces



LAZY ACRES
natural market



BLUE ZONES PROJECT[®]



bchd.org/bzp

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Blue Zones Project Scavenger Hunt



Complete the scavenger hunt
and receive a free apple!

LAZY ACRES
natural market



BLUE ZONES PROJECT[®]



Find the items in Lazy Acres Market!

Find foods from the original Blue Zones — places around the world where people live the longest.

LAZY ACRES
natural market

START

LOOK FOR
THESE ITEMS
WHILE YOU
SHOP

BANANAS

Nicoya, Costa Rica



TOMATOES

Sardinia, Italy



LEAFY GREENS

Icaria, Greece



Okinawa, Japan



BROWN RICE



NUT BUTTERS



VISIT THE
NUT BUTTERS
STATION

LOMA LINDA, CA



FIND THE WATER
STATION



VISIT THE BLUE
ZONES PROJECT
CHECKOUT LANE

FINISH



Grab an
apple &
bring it
to any
checkout
lane.