



Purpose Workshop

& Volunteer Expo

Saturday, April 15, 1:30 – 3:30 PM

Manhattan Beach Community Church

303 S. Peck Ave, Manhattan Beach 90266

****Onsite parking is available.***

Join Beach Cities Health District (BCHD) for our **Blue Zones Project Power of Purpose Workshop & Volunteer Fair**. Purpose is your reason for getting up each morning. Discover how to align your gifts, talents and interests to create purpose in daily life in our workshop facilitated by Kathleen Terry.

At our volunteer fair, you can learn about local opportunities to make change that will allow you to showcase your gifts, talents and interests and fulfill your purpose. Looking to build meaningful relationships with others who share your purpose? Consider joining one of our Blue Zones Project® Moai® Social Groups to meet people who gather to participate in activities like purpose discussions, potluck meals and walking together around our beautiful Beach Cities.



Use the QR code to register for this free event.

To learn more, visit bchd.org/purpose.

For more information, contact Jackie Uy at jackie.uy@bchd.org or 310-374-3426, ext. 8121.

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