## STAY HOME IF YOU ARE SICK

People with COVID-19 have had a wide range of symptoms, ranging from mild symptoms to severe illness. Older adults and those with underlying medical conditions like heart or lung disease or diabetes are at higher risk for developing more serious complications from COVID-19.

If you have a fever with cough or shortness of breath, you are presumed to have COVID-19. Let your doctor know and get a test for COVID-19. To protect others, stay home, wear a face covering when you seek medical care and follow the Home Isolation Instructions from the Los Angeles County Department of Public Health.

Symptoms may appear 2-14 days after exposure to the virus and may include:

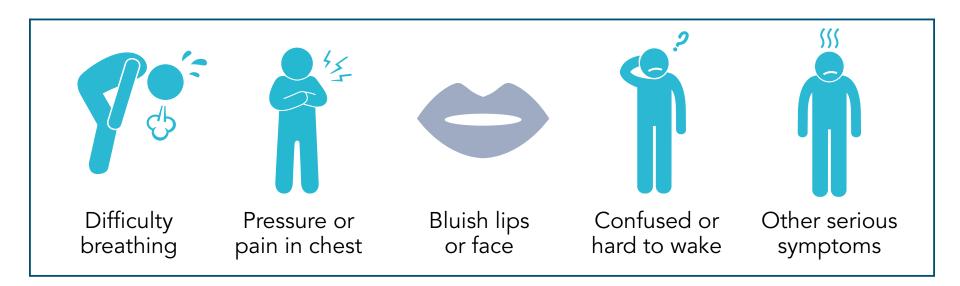
- Fever
- Cough
- Shortness of breath/difficulty breathing
- Fatigue
- Chills
- Congestion or runny nose

- Muscle or body aches
- Headache
- Sore throat
- Nausea or vomiting
- Diarrhea
- New loss of taste or smell

This list does not include all possible symptoms of COVID-19. **Some people with COVID-19 never get symptoms.** 

Make a note of the day when your symptoms first started and monitor your health. Seek prompt medical care if your symptoms get worse.

## **CALL 911 IF THERE ARE EMERGENCY WARNING SIGNS**



Source: Los Angeles County Department of Public Health







