

ANNUAL REPORT

FY 23-24



A Public Agency

Beach Cities
Health District

BEACH CITIES HEALTH DISTRICT

(BCHD) is a healthcare district focused on preventive health and serves the communities of Hermosa Beach, Manhattan Beach and Redondo Beach, California. Established in 1955 as a public agency, BCHD offers an extensive range of dynamic health and wellness programs, with innovative services and facilities to promote health and prevent disease across the lifespan.

VISION

A healthy beach community.

MISSION

To optimize health for our Beach Cities community through innovative and inclusive programs, partnerships and spaces.

BOARD OF DIRECTORS

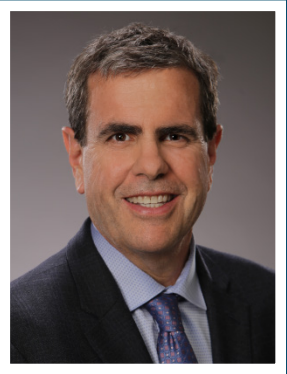
Michelle Bholat, M.D.
Noel Chun, M.D.
Jane Diehl
Martha Koo, M.D.
Vanessa Poster

CHIEF OFFICERS

Tom Bakaly
Chief Executive Officer
William Kim, M.D.
Chief Medical Advisor
Kerianne Lawson
Chief Programs Officer
Cristan Mueller
Chief Health Operations &
Communications Officer

Ali Steward
Chief Partnership
Development Officer
Monica Suua
Chief Financial Officer
Megan Vixie
Chief Engagement Officer





CEO
Tom Bakaly

DEAR BEACH CITIES RESIDENT,

In the 2023-24 fiscal year, the Beach Cities Health District (BCHD) team accomplished many things for our community.

Working with Metro, we completed the Redondo Beach portion of the Diamond Street Bike & Pedestrian Path, which runs from Diamond Street to the Torrance border, adjacent to our campus. The project also included a retaining wall and regrading of a hillside adjacent to the bike path, pedestrian lighting, new pavement, bicycle video detection sensors at the traffic signal, and new landscaping and trees in the Diamond Street median. This path, part of the South Bay Bicycle Master Plan, provides an important connection for cyclists traveling between North and South Redondo Beach and beyond.

We continued our focus on mental health in the community, as we saw allcove Beach Cities embark on its second year of providing health services for young people ages 12-25, including mental and physical health, supported education and employment, substance use, peer and family support, and life skills and wellness. Through June 30, allcove Beach Cities had enrolled 878 young people in one of its service streams and of those enrolled, 55.9% were from the Beach Cities, 18.0% from Torrance.

Our team continued offering Mental Health First Aid (MHFA) training, with a certification from the National Council for Mental Health. Similar to the way CPR training provides instruction on responding to medical emergencies, MHFA teaches ways to support people experiencing mental health challenges. A parallel program, teen Mental Health First Aid, teaches those in grades 10-12 how to identify, understand and respond to signs of mental health and substance use challenges among their friends and peers.

We also offered sessions on QPR Suicide Prevention Training to help individuals recognize warning signs of a suicide crisis and how to Question, Persuade and Refer someone to help. This training is aimed at equipping people with the knowledge and skills necessary to intervene and support someone who may be struggling with suicidal thoughts or behaviors.

More than 330 people attended these mental health trainings in the past year.

Our Youth Services department served the community with a series of events bringing awareness of the dangers of Fentanyl. This included sending a team to Redondo Union High School in May to speak to 786 juniors and seniors about fentanyl and how to administer Naloxone, the medication that can reverse a fentanyl overdose. Our team also trained 565 teachers, administrators and staff at school district offices, and on site at 13 South Bay schools.

Our dedicated volunteers of Garden Angels and LiveWell Kids docents were in elementary schools delivering nutrition and education curricula in the gardens and celebrating as we saw the obesity rate among Redondo Beach elementary students fall to 5%, a 75% drop since the program began in 2007. This success has led to the expansion of LiveWell Kids into the Hermosa Beach City School District this year.

Speaking of celebrations, the 2023-24 year marked another milestone for our amazing team of volunteers, who donated more service hour value to the community than ever before. During the year, 1,611 BCHD volunteers put in 28,433.43 hours, which equates to \$1,097,583.07 in value (based on Independent Sector's average volunteer value for California of \$38.61 per hour). It is just the second time BCHD's volunteers have surpassed \$1 million in value in a single year.

We continue to move forward with plans to modernize our campus and remove the seismically deficient former hospital building. This work will be instrumental in providing revenue so BCHD can continue to provide important public health programs and services for the residents of Hermosa Beach, Manhattan Beach and Redondo Beach.

Yours in health,

Tom Bakaly,
Chief Executive Officer

Martha Koo, M.D.,
BCHD Board President

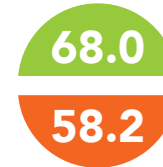


BCHD Board President
Martha Koo, M.D.

THE IMPACT OF BEACH CITIES HEALTH DISTRICT

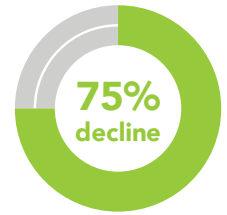
The Beach Cities are **near the nation's best** in the Gallup National Health and Well-Being Index (WBI) while well-being has declined nationally.

Beach Cities' WBI score



National WBI score

There has been a **75% decline** in RBUSD student obesity since 2007, when the Body Mass Index rate was 20%.




8,300+ visits

In November 2022, BCHD opened the **first allcove center** in southern California/second allcove facility in California. Since opening, there have been **more than 8,300 visits** by young people to allcove Beach Cities.

During the COVID-19 pandemic (2020-2023), BCHD coordinated and administered:



74
COVID-19
vaccine clinics



23,100
vaccine doses



155,684
COVID-19 tests



The Beach Cities were named the **1st certified Blue Zones Project®** community in the US in 2016.



BCHD was named a recipient of a five-year Drug-Free Communities Grant in 2019 and again in 2024, totaling **\$1,250,000**.



BCHD volunteers collectively provided more than **\$1 million in time and service** to our community.

In June 2016, U.S. Surgeon General Vivek Murthy visited BCHD, and told representatives,

"We tend to believe that America's health problems are too big and intractable. You have proven that communities can take charge and reverse the trend."



ACHD
ASSOCIATION OF CALIFORNIA
HEALTHCARE DISTRICTS

Beach Cities Health District was named the 2021 **"Healthcare District of the Year"** by the Association of California Healthcare Districts.



AdventurePlex is consistently named to **"South Bay's Best"** by the Daily Breeze and **"Best of the Beach"** by the Easy Reader.

HEALTH PRIORITIES

Every three years, Beach Cities Health District assesses the overall health of the Beach Cities using a variety of data sources to prepare a Community Health Report. The 2022-2025 report guides our strategic planning process with the indication of health priorities and provides an opportunity to evaluate current programming. It focuses on evidence-based public health practices, which the Centers for Disease Control and Prevention defines as the integration of science-based interventions with community preferences for improving population health. To view the Community Health Report, visit bchd.org/healthreport.



2022 – 2025 Health Priorities



Mental Health and Substance Use



Physical and Brain Health



Public Health and Safety

Strategic Objectives

Mental Health and Substance Use

- Decrease prevalence of anxiety, depression and suicidal ideation
- Increase social connectedness/connections
- Increase access to early intervention mental health services
- Reduce substance use (e.g. nicotine, alcohol, cannabis, vaping) among youth and adults
- Provide community education for prevention and early intervention

Physical and Brain Health

- Increase cognitive and physical exercise participation
- Promote healthy sleep and healthy eating habits
- Reduce percentage of children and adults who are obese or overweight

Public Health and Safety

- Increase community access to and education about preventive health programs and services
- Increase community capacity to respond to environmental and public health crises (e.g., earthquakes, COVID-19)
- Improve biking and walking safety

Objectives are included as examples of planning goals and are not meant to be an exhaustive list.



FY 2023-24 PRIORITY BASED BUDGETING



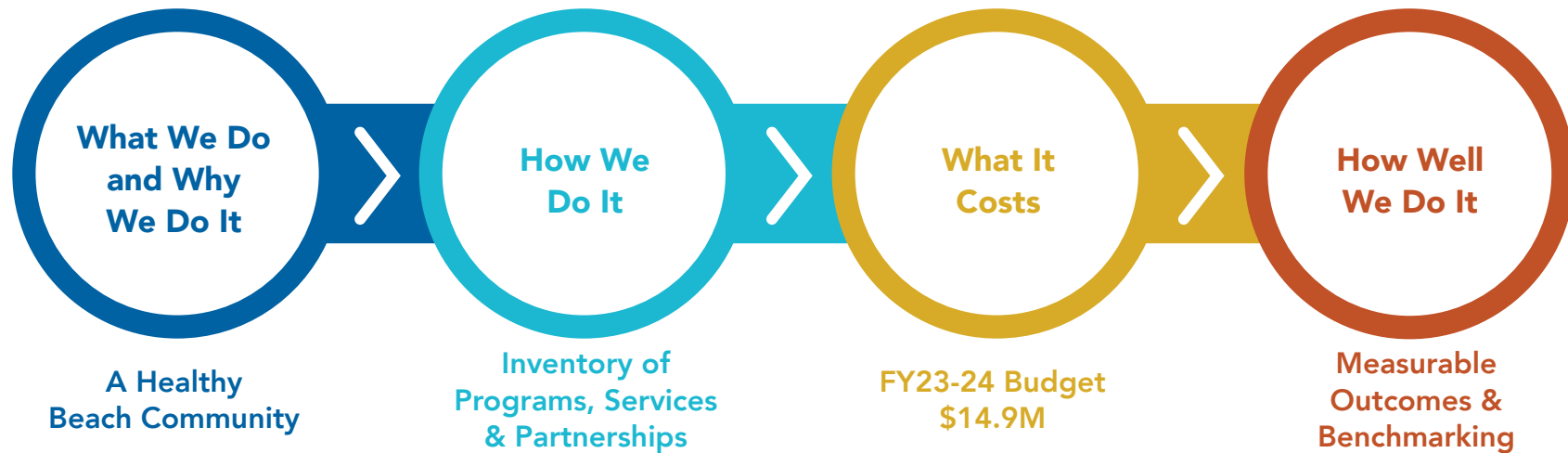
Priority Based Budgeting is a process used to understand community values, and budget accordingly to those values, while providing flexibility in order to meet the changing needs of the community.



Philosophy:

- A government entity should invest resources to meet its stated objectives
- Resources should be allocated according to how effectively a program or service achieves the goals and objectives that are of most significant value to the community
- Helps us to better articulate why the services we offer exist, what price we pay for them, and consequently, what value they offer citizens
- Clarifies trade-offs between different spending options, service delivery and what citizens pay

Why Now? In a diverse and fast-changing environment, a Priority Based Program Budget is a vehicle for the District to adapt to the growing health needs and gaps in health services in our community — providing a space for trade-off discussions to capitalize on strengths, promote meaningful outcomes and identify innovative solutions.



FY23-24 Budget by Health Priority

Fiscal Year	Physical & Brain Health	Public Health & Safety	Mental Health & Substance Use	Properties	Total
FY23-24	31%	9%	38%	22%	100%
FY22-23	33%	11%	36%	20%	100%
FY23-24	\$4,571,000	\$1,380,000	\$5,700,000	\$3,257,000	\$14,908,000
FY22-23	\$4,850,000	\$1,670,000	\$5,430,000	\$2,901,000	\$14,851,000

VOLUNTEER

BCHD has a thriving Volunteer Services department that recruits, trains and assigns volunteers to hundreds of assignments throughout the Beach Cities each year. Volunteers are the heart and soul of BCHD, making everything we do and offer to the community that much better, while improving their health at the same time.

DID YOU KNOW?

Studies have shown that volunteering leads to greater life satisfaction and lower rates of depression. Volunteering can also create a sense of accomplishment, help develop skills and foster social connectedness.



1,611
volunteers



28,738.42
hours



\$1,109,590.40
in value

2023-24 marks the second time BCHD's volunteers have surpassed \$1 million in value in a single year, surpassing the previous record, set in 2018-19, when 1,125 community members contributed \$1,082,872 in value to our community.

**Value based on Independent Sector's average volunteer value for California of \$38.61 per hour.*

Beach Cities Volunteer Day

More than 100 volunteers, including organizations and clubs, BCHD Garden Angels and staff members, worked in elementary school gardens in both Redondo Beach and Hermosa Beach. Volunteers, which included school parents and students, helped prepare the 11 LiveWell Kids school gardens for the start of the 2024-25 school year.

BCHD has many types of volunteer opportunities throughout the year available to individuals, groups or organizations.

These opportunities include:

allcove Peer Assistant – Volunteers ages 14+ can support allcove Beach Cities by greeting guests, providing tours, completing clerical work, and assisting with events and activities.

Campus Greeter – Volunteers greet all guests who enter BCHD's 514 building while also providing general support and customer service duties for the full campus.

Event Support – These volunteers help staff BCHD's booth at events like Fiesta Hermosa, the Manhattan Beach Hometown Fair and the Redondo Beach Super Bowl 10K and Health Expo, or BCHD events like Summer Free Fitness.

Holiday Gift Bags – Each holiday season since 1998, friendly BCHD volunteers have delivered gift bags filled with practical and fun gifts like grocery gift cards, stamps, batteries and more to 250 Beach Cities older adults and adults with disabilities in the Care Management program.

In-Home Older Adult Support Programs – Volunteers can support older adults and adults with disabilities to remain safe and independent in their own homes with errand running (Errand Volunteers), social connection (Conversation Companions) or structured activities with clients experiencing memory loss (Brain Buddies).

For more information about our volunteer opportunities, visit bchd.org/volunteer.

THE IMPACT OF BCHD IN FY 23-24



48

volunteers that reached more than 100 hours of service in one year



1,611

volunteers throughout the year



28,738

hours donated throughout the year



\$1,109,591*

value of donated time

*Based on Independent Sector's monetary value for California average at \$37.32 per hour
http://independentsector.org/volunteer_time

2024 VOLUNTEER CORE VALUE AWARD RECIPIENTS



Ana Horga
Conversation Companion
 Award: Integrity



Toshi Takehara
Garden Angel
 Award: Excellence



Julie C. Henderson
Errand Volunteer
 Award: Compassion



Margaret Maxwell
*Front Desk Volunteer, Campus Greeter,
 Errand Volunteer, Volunteer Advisory Council*
 Award: Accountability



Mona Cho
Youth Advisory Council
 Award: Youth Core Values Award

BCHD'S VOLUNTEER ADVISORY COUNCIL

A special thank you to **BCHD's Volunteer Advisory Council** for helping us further engage the local community in volunteerism and creating the most meaningful volunteer experience for all volunteers at BCHD.



Susan Brilliant
 Morgan Bulen
 KC Christensen
 Paula Dobin
 Mary Drummer
 Laurie Engelhardt
 Elyse Gura
 Lily Hanna
 Dennis Heck
 Kathy Herbers

Stuart Joseph
 Fred Manna
 Margaret Maxwell
 Lawrence Moreau
 Marie Puterbaugh
 Alina Rashidfarokhi
 Berta Rutherford
 Kyle Smith
 Leslie Whittet

KEEPING YOUTH HEALTHY

Beach Cities Health District partners with Hermosa Beach City School District (HBCSD), Manhattan Beach Unified School District (MBUSD) and Redondo Beach Unified School District (RBUSD) to offer programs to increase physical activity, improve nutrition and promote social-emotional well-being.



To determine the community needs of school-aged youth in the Beach Cities, data from the 2024 California Healthy Kids Survey (CHKS) is aggregated across the three school districts. The key indicators of health are included below.



25%

of Beach Cities 11th graders reporting chronic sadness/hopelessness in the past 12 months



8%

of Beach Cities 11th graders reporting considering attempting suicide within the past 12 months



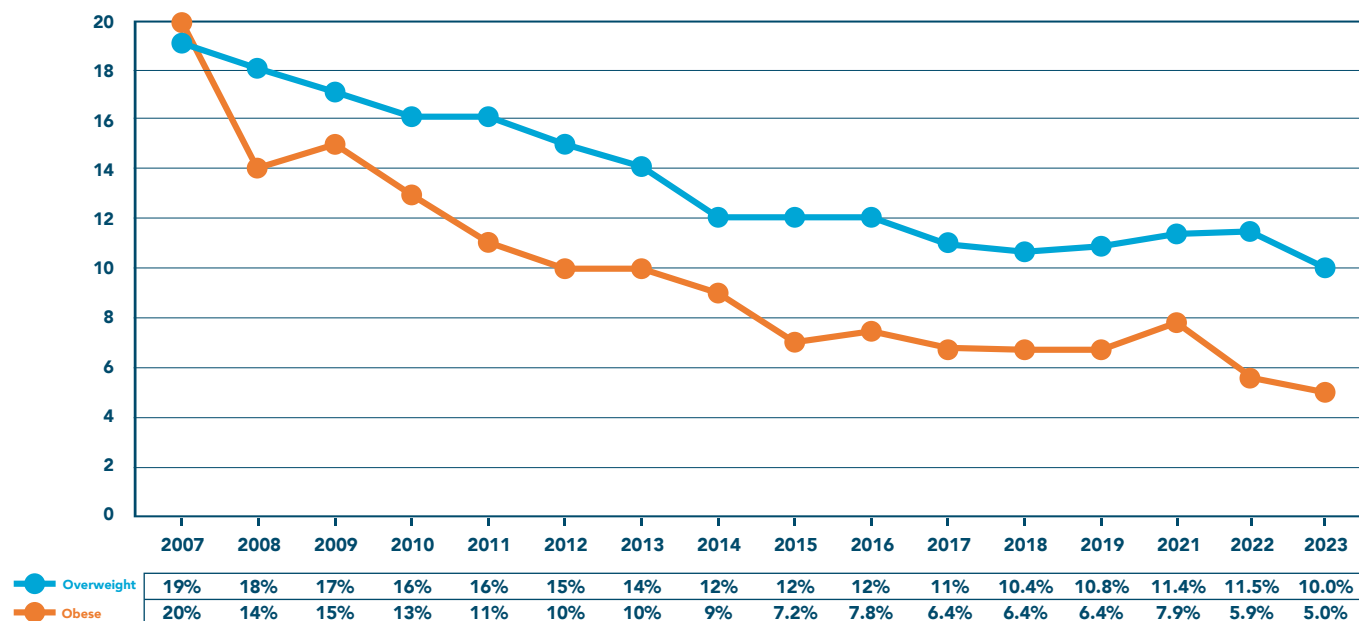
17%

of Beach Cities 11th graders reporting alcohol and other drug use in the past 30 days

Body Mass Index (BMI)

The childhood obesity rate for elementary school students in Redondo Beach has fallen to 5%, the lowest rate among RBUSD kindergarten, 1st, 3rd and 5th grade students in 17 years. BCHD and RBUSD have partnered on school health programs including LiveWell Kids and annual BMI assessments since 2007.

BMI Trends in RBUSD (2007-2023)



4,800+

students were served in RBUSD and HBCSD through the LiveWell Kids program

350

trained volunteers delivered **1,262** LiveWell Kids lessons

25

Garden Angel volunteers helped maintain the school gardens year-round

2,750

participants in Walk and Roll to School Day



Beach Cities Partnership for Youth Coalition



Beach Cities Health District leads more than 200 local partners in the Beach Cities Partnership for Youth Coalition that collaborates to achieve measurable outcomes in improving student mental health and well-being and reducing substance use. The Coalition is comprised of five stakeholder workgroups: 1) Youth Advisory Council, 2) Health and Wellness Parent Liaisons, 3) School Advisory Board, 4) Provider Task Force and 5) Community Policy Workgroup.

Youth Advisory Council



52
students

808
volunteer
hours from
the Youth
Advisory
Council

The 2023-24 Youth Advisory Council cohort was comprised of students representing Redondo Union High School, Mira Costa High School, Hermosa Valley School, Manhattan Beach Middle School, Perras Middle School, Adams Middle School, Vistamar High School and Chadwick High School.

This year, the Youth Advisory Council developed five different substance use campaigns on fentanyl, cannabis, nicotine, hallucinogens and alcohol that tackled the dangers of substance use amongst teens. The creation of their posters and social media posts promoted informed decision-making and highlighted the long-term consequences of substance use in addition to empowering young people to lead healthy, substance-free lives.

FENTANYL WILL KILL

Lethal dose of fentanyl compared to a penny

Fentanyl is a large threat to youth experimenting with drugs. It is often illicitly added to pills, making it incredibly easy to become poisoned.

88%
of reported opioid overdose deaths in California involved fentanyl
(California Department of Public Health, 2022)

Get Help

Free naloxone, the opioid overdose medication, is available at allcove Beach Cities.

How can I get involved?

The best way to get involved is to educate yourself and your community about the threat of fentanyl. By spreading accurate information, we can draw more awareness to fentanyl and its deadly effects.

Scan the QR code to learn about allcove Beach Cities and available services; never be afraid to ask for help!

Developed by Beach Cities Health District's Youth Advisory Council

Naloxone Training and Distribution

BCHD provided fentanyl education and training on the life-saving opioid overdose reversal medication, naloxone. Trainings are intended to empower people to make informed decisions around substance use and to acquire the skills to recognize a potential overdose and administer naloxone. BCHD's supply of naloxone is provided by the California Health Care Services' Naloxone Distribution Project and is available for free to pick up at allcove Beach Cities, located at Beach Cities Health District, 514 N. Prospect Ave., 4th floor, Redondo Beach.

565

teachers, administrators
and staff of Beach Cities
schools trained

Nearly 800

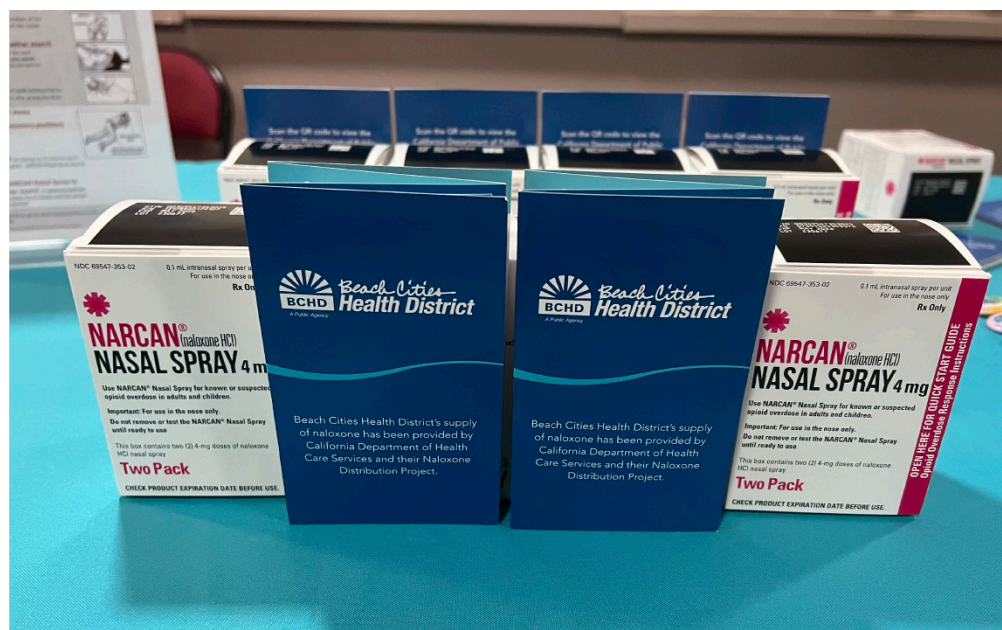
Redondo Union High
School juniors and
seniors trained

More than 1,700

doses of naloxone
distributed

Nearly 900

middle school students
attended fentanyl and naloxone
education assemblies



KEEPING OUR COMMUNITY HEALTHY

Gallup National Health and Well-Being Index (WBI)

Well-Being Remains High in the Beach Cities and Outpaces the Nation

The Beach Cities of Hermosa Beach, Manhattan Beach and Redondo Beach continue to score high on the WBI while well-being declines nationally coming out of the COVID-19 pandemic. Notably, this year's Manhattan Beach score of 70.6 is the highest community measurement ever recorded by Gallup out of more than 1,500 community scores since WBI measurement began in 2008. The highest score previous to this was Manhattan Beach's score of 70.4 in 2020.



Since 2010, there has been a 50% decrease in smoking, a 25% decrease in above-normal weight, a 29% increase in exercise, and an 11% increase in thriving, a holistic look at life evaluation.

	Beach Cities	United States
Proud of their community	73%	44%
Excellent or very good health	63%	33%

Gallup found that adults living in the Beach Cities are estimated to save **\$182.4 million on healthcare costs** each year thanks to lower rates of obesity, diabetes and smoking there.

Social Connection

Loneliness, a critical public health concern, affects our physical and mental health. It's become so common — affecting at least half of all adults in the United States — that the U.S. Surgeon General considers it an urgent public health concern, worthy of a [government advisory](#) issued in May 2023. The 2023 Gallup Well-Being Index reported nearly 1 in 5 Beach Cities residents having little or no connection to other people. To combat loneliness, BCHD provided opportunities for the community to connect with one another, and provided tips and tools to help foster meaningful social connections to better mental health through the Mental Health & Happiness program.

45

events to facilitate social connection

336

individuals participated in mental health training (Mental Health First Aid or Question, Persuade and Refer [QPR] Suicide Prevention)

Live Longer, Better®



97

Blue Zones Project Approved™ Restaurants or Grocery Stores providing customers healthy options

11

Moais® with 164 members supporting social connection

The Beach Cities became a certified Blue Zones Community® in 2016. Everyone can reap the benefits of living in a place where well-being is a way of life — and a great place to live, work, learn and play.

To learn more about the Blue Zones Project, visit bchd.org/bzp.

Free Fitness

BCHD partnered with the cities of Hermosa Beach, Manhattan Beach and Redondo Beach for the Free Fitness Series for Mindful Yoga on the Beach and Zumba in the Park.

819 participants



Redondo Beach Phase of the Diamond Street Bike & Pedestrian Path

In December 2023, BCHD completed construction on the Redondo Beach phase of the Diamond Street Bike & Pedestrian Path Project. This project installed a Class I bike path and Class III sharrows starting at the intersection of Diamond Street and Prospect Avenue heading northeast through the alley to the Redondo Beach city limits, which is a common route taken by students from Redondo Union High School or Perras Middle School to North Redondo Beach.

Funded by a Measure M grant from Metro, the project added street and pedestrian lighting, bicycle video detection at the traffic signal, and new landscaping and trees to enhance safety, accessibility and connectivity to get students to school safely.



KEEPING OLDER ADULTS HEALTHY

Helping Our Community's Residents Age Safely in Their Homes

Our team has one mission: help older adults and adults with disabilities in the Beach Cities live independently in their homes for as long as safely possible.



Care Management

Many older adults and adults with disabilities in the Beach Cities need support to continue living in their homes. Our Care Management Program is designed to help address the challenges faced by this population – related to caregiving, isolation, difficulty with daily tasks, transportation, mobility, healthcare access and more – by sending social workers to the homes of residents in need to develop customized care plans and connect them to vital resources and services.



What Types of Services are Available?

Resource Connection – Care Managers connect clients with local services and resources, including home-delivered meals, transportation, in-home care and mental health support. Members of the public can call the Assistance, Information and Referral line to get referrals to health-related resources.

Social Support – Care Managers and “Conversation Companion” volunteers make weekly calls and/or visits to clients in need of social support and friendship. Social workers hold regular support groups for caregivers and social chats for people to connect.

Errand Assistance – Volunteers assist clients with vital errands, including trips to the grocery store and prescription pick-ups.

Healthcare and Public Benefits Assistance – Staff is available to help residents secure health insurance including Medi-Cal and other public benefits. They assist residents with navigating the health insurance system and making sense of their benefit options.

Health and Wellness Education – Free cognitive health and mental health workshops are offered multiple times a year at BCHD’s Center for Health and Fitness and in the local senior centers. Center for Health and Fitness instructors lead 10 free exercise classes in the local senior centers every week.

Is There a Cost for Care Management?

Care Management is available at no cost for residents of Hermosa Beach, Manhattan Beach and Redondo Beach age 60 or older and adults with disabilities. Some services have costs depending on income qualifications.

If you or a loved one could benefit from speaking with a member of our team, please call **310-374-3426**, and press **option 1**. You can also visit bchd.org/resources for health information and referrals.

CARE MANAGEMENT

457

care management clients

1,545

care management visits with clients

6,916

care management calls with clients

HEALTH AND WELLNESS EDUCATION

456

senior exercise classes

INFORMATION & REFERRAL

1,023

total information and referral calls

FACILITIES TO KEEP OUR COMMUNITY HEALTHY



Healthy Living Campus

Beach Cities Health District continues to move forward with its plans for the Healthy Living Campus, working to transform our aging facilities and deliver to the community a state-of-the-art campus that will provide one of the area's only youth wellness centers specifically focused on the mental health of young people, allcove Beach Cities. The Campus plans also include two acres of green space; a unique all-inclusive out-patient facility for seniors that includes medical care, medication management and adult day care; much-needed residential care facilities for the elderly; and much more.

allcove Beach Cities

allcove Beach Cities is part of an innovative network of integrated youth mental health centers designed with, by and for youth that reduce stigma, embrace mental wellness, increase community connection and provide access to culturally responsive services. allcove centers welcome young people ages 12 to 25 with mild to moderate needs, providing a unique space for them to access services, with resources and support for friends, family and the larger community. Support areas include mental and physical health, substance use, supported education and employment, and peer and family support.



FACILITIES TO KEEP OUR COMMUNITY HEALTHY

UTILIZATION OVERVIEW: FY 2023-24

4,850

visits by young people

49

risk assessments

372

participants in mental health services

381

tours provided

92

events at the center

More than

1,100

volunteer hours from the Youth Advisory Group

allcove

South Bay Leadership & Wellness Conference

Beach Cities Health District, in partnership with allcove Beach Cities and Indivisible Arts, hosted the first-ever South Bay Leadership & Wellness Conference on May 18, 2024 for more than 100 young people from the greater South Bay. The conference aimed to foster collaboration and empower the next generation of young leaders from more than 30 youth organizations through conversations about advocacy, mental health, wellness and important topics facing young people today.



Grant funding for allcove Beach Cities

Operations funding:

Mental Health Services Oversight and Accountability Commission	\$2,500,000
California Department of Health Care Services Children and Youth Behavioral Health Initiative – Round 4	\$1,000,000
Mental Health Student Services Act – 004	\$300,000

Capital funding:

Federal Community Project Funding, FY2023, Representative Ted Lieu	\$1,000,000
California’s Behavioral Health Continuum Infrastructure Program	\$6,337,000
Beach Cities Health District, Capital Projects	\$532,000

Total funding secured	\$11,669,000
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Center for Health & Fitness

Beach Cities Health District's Center for Health & Fitness (CHF) is the most comprehensive fitness center in the South Bay and is one of just two fitness facilities in California to be certified by the Medical Fitness Association.

- Yoga, Pilates and group exercise classes
- Online exercise classes
- Classes for older adults
- Programs for chronic conditions
- Access to trainers
- Massage
- Nutrition consultation
- Access to state-of-the-art gym equipment

115,174

total gym visits

58,583

total virtual and
indoor class
participants

4,244

Pilates participants

2,396

yoga participants

5,740

personal training
sessions

941

new members



AdventurePlex

AdventurePlex is where kids and families play their way to good health. There's something for everyone, so drop in for some heart-pounding fun!

- Seasonal and Weekend Camps
- Drop-in play
- Birthday parties
- Supervised weekend play so parents can have a night out
- Special events
- ToddlerTown play area
- 5-level play structure
- Programs for ages 0-12

DID YOU KNOW?

AdventurePlex welcomed **10,159** campers this fiscal year.



Daily Breeze's Reader's Choice Southbay's BEST:
Favorite Kids Camp and Favorite Kids Entertainment



FUNDING A HEALTHY BEACH COMMUNITY

Beach Cities Health District has served the evolving health needs of the community since 1955.

Based on our sustainable and transparent model of financial stewardship, BCHD continues to provide maximum value for every tax dollar received, through partnerships, volunteers and 40+ programs and services that enhance the health and well-being of Beach Cities residents of all ages.



Power of Your Penny



For every \$1 in property taxes collected, **BCHD receives \$0.0088** – less than a penny.

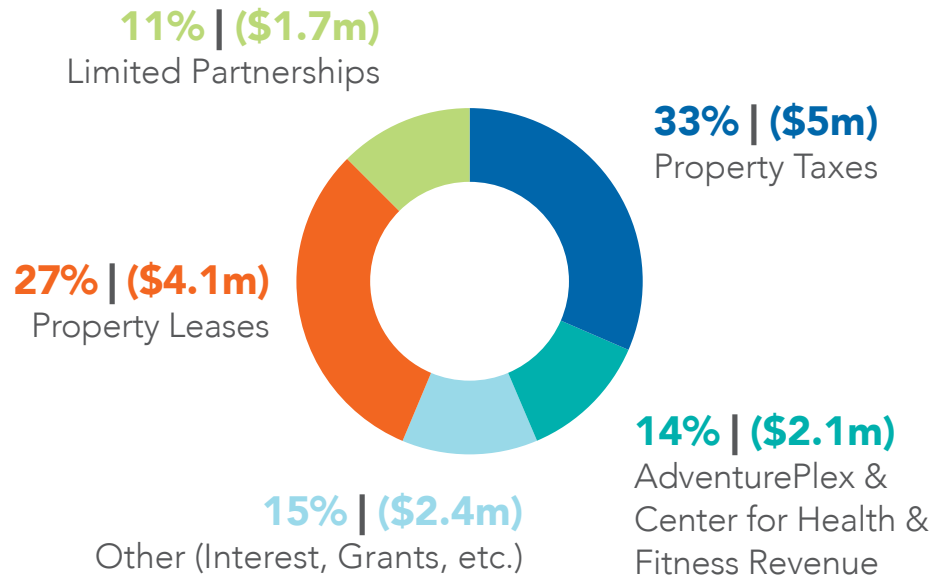
Maximizing Your Tax Dollar



For every \$1 received in property taxes, **BCHD provides \$2.95 in programs and services** back to the community.

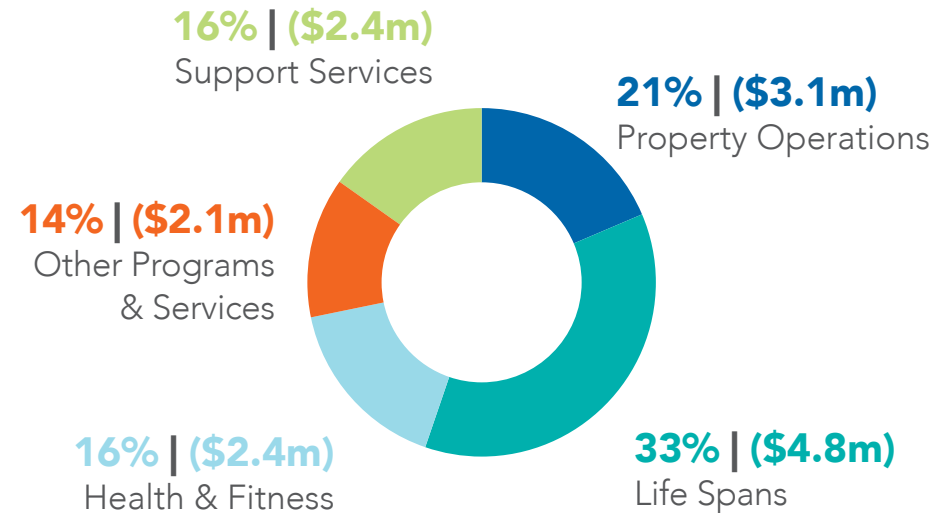
For example: For a household that has a home with a tax assessed value of \$800,000, \$88 goes to the District annually.

FY 23-24 Revenue



Total Revenue: \$15.3m

FY 23-24 Expenses



Total Expense: \$14.8m

Actual (\$ Millions)

BCHD is committed to being a transparent public agency and providing Beach Cities residents with information. We've repeatedly been recognized for accountability and transparency by exceeding the high standards of governmental budgeting and reporting. **BCHD's audited financials and operating budget are publicly available online at bchd.org/transparency.**

\$1,243,875.18 IN BCHD GRANTS & SERVICE CONTRACTS FUND

HEALTH ACCESS

\$436,470

Beach Cities Health District's Health Access Fund supports income-qualified residents to help pay for a range of services, including caregiving, adult medical, adult day care, homemaking, respite care, personal care, transportation, incontinence supplies and primary care.

Community Service Health Fund-Older Adults

\$436,470

SCHOOL DISTRICTS

\$659,594

Counseling, Nurses/Health Aides, Substance Use Prevention, Physical Education

Hermosa Beach City School District

\$94,091

Manhattan Beach Unified School District

\$189,520

Redondo Beach Unified School District

\$375,983

CITIES

\$147,811.18

Emergency Preparedness, Domestic Violence Prevention

Redondo Beach Paramedic Services

\$58,000.00

Redondo Beach Domestic Violence Prevention

\$39,811.20

Redondo Beach Homelessness Services

\$49,999.98

AWARDS



MODERN HEALTHCARE

Recognized as "Best Places to Work" for the 12th time, BCHD ranked 6th in 2023 in the Provider/Insurer category.



CERTIFICATE OF ACHIEVEMENT FOR EXCELLENCE IN FINANCIAL REPORTING

For its Comprehensive Annual Financial Report For the Fiscal Year Ended June 30, 2023

DISTINGUISHED BUDGET PRESENTATION AWARD

For the 2023-24 Fiscal Year



Monica Suua, BCHD CFO named Public Service CFO Finalist in 2021 and 2023



OPERATING BUDGET EXCELLENCE AWARD

For the 2022-23 Fiscal Year

BUDGET MERITORIOUS AWARD

For Fiscal Years 2007-2008 through 2021-2022



HEALTHCARE DISTRICT OF THE YEAR 2021

The District of the Year Award honors healthcare districts that implemented one or more initiatives to improve the health and well-being of their community.



ADVENTUREPLEX

Voted South Bay's Best – "Kids Camp" and "Kids Entertainment" in 2021, 2023 and 2024



ADVENTUREPLEX

Accredited by the American Camp Association



BLUE ZONES

live longer, better

The Beach Cities have been a nationally certified Blue Zones Community® since 2016, and has been published in BMJ Open on the impacts of the District's efforts in the community.



The Center for Health and Fitness is one of two certified medical fitness facilities in the state of California.



Special District Leadership Foundation (SDLF) presented BCHD a Transparency Certificate of Excellence in recognition of its outstanding efforts to promote transparency and good governance in 2021.

BCHD'S ADVISORY COMMITTEES

The BCHD Board of Directors seeks qualified residents of Hermosa Beach, Manhattan Beach or Redondo Beach to serve on its advisory committees. Committee members serve two-year terms and have a direct impact on the health and wellness programs and services BCHD provides to the Beach Cities community. High school students are also encouraged to participate on the committees but serve a one-year term.

More information, including how to apply for a committee position is available at bchd.org/advisory-committees.

Community Health Committee

- Martha Koo, M.D. – BCHD Board Member
- Michelle Bholat, M.D. – BCHD Board Member
- Tom Bakaly – BCHD CEO
- Kerianne Lawson – BCHD Chief Programs Officer
- Howard Fishman – Former Hermosa Beach Mayor
- Amanda Williamson – Account Manager
- Sunni Won - Technology Consultant
- Patricia Bellas, M.D. – The Children's Clinic
- Michael B. Van Scoy-Mosher – Medical Expert/Consultant
- Debra Lotsetin – Attending physician
- Mary Drummer – Registered Nurse
- Maya – High School Student
- Paige – High School Student

Strategic Planning Committee

- Michelle Bholat, M.D. – BCHD Board Member
- Vanessa Poster – BCHD Board Member
- Tom Bakaly – BCHD CEO
- Cristan Mueller - BCHD Chief Health Operations & Communications Officer
- Lisa Gaudio – Marketing Consultant
- Jeffrey Gaul – Account Manager
- Lilly Hanna – Integrative Nutrition
- Charlotte LeBlanc – CPA
- Khiem Luu – Clinical Pharmacist
- Christian Wendland – Health Care Partners
- Ken Chaplin – Chief Marketing Officer
- Susan Bremer Rossow – Amazon
- Isabel – High School Student
- Lila – High School Student

Finance Committee

- Jane Diehl – BCHD Board Member
- Noel Chun, M.D. – BCHD Board Member
- Tom Bakaly – BCHD CEO
- Monica Suua – BCHD CFO
- Gina DeRosa – CPA
- Wayne Powell – Former Manhattan Beach Mayor
- Cindy Smith – CFO
- Eugene Solomon – City of Redondo Beach
- Paul Reiner – Sutherland Global
- Radiah Campbell – SCAN Health Plan
- Noah Weiner – AmalgamRX
- Travis Miller – UCLA Health
- Liliana – High School Student
- Kayla – High School Student

Properties Committee Advisors

- Noel Chun – BCHD Board Member
- Jane Diehl – BCHD Board Member
- Tom Bakaly – BCHD CEO
- Monica Suua – BCHD CFO
- Steve Izant – Chair of Hermosa Beach Planning Commission
- Francisco Lopez – Financial Development Underwriter
- Michael Martin – Former Program and Project management at The Boeing Company
- Joanne Sturges – BCHD Community Working group
- Richard Thompson – Planning Commissioner for the City of Manhattan Beach
- Rachel Hayes – Northrop Grumman
- Marty – High School Student
- Yash – High School Student