



## Care Packages

*Assemble and deliver two types of care packages to supplement essentials and let your Beach Cities neighbor know that someone cares about them!*

**Resident care package** - for individuals safer at home who are unable to safely leave their home for essentials

- Disinfectant wipes
- Hand sanitizer
- Hand soap
- Cloth face coverings
- Note cards and pens
- Paper towels, tissues, toilet paper or cloth wipes/towels
- Non-perishable foods – canned fruit/vegetables, bars, crackers, etc.
- Game/activity – puzzle, crossword/sudoku, etc.
- A personalized note – Fill out one of BCHD's [Kindness Cards](#) or deliver a handwritten card
- [BCHD's Assistance, Information & Referral Flyer](#)

**Facility care package** - a larger care package for a senior housing complex with essential items they can have on hand for their residents

- Bin, tub or box to put the items in
- Toilet paper (pack of 9 or more rolls)
- Disinfectant wipes (value packs)
- Paper towels (pack of 8 or more rolls)
- Hand sanitizers (4-8 bottles)
- Cloth face coverings
- Nitrile or latex gloves (1 box)
- Hand soap (4-6 bars, bottles)
- Tissues (pocket pack or box)
- Sponge or microfiber cloth (pack)
- Board or other games/activities
- Note cards or letter paper
- Personalized notes – Fill out 10-20 of BCHD's [Kindness Cards](#) or deliver handwritten cards



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