Bicycle Safety Tips





Same Road, Same Rules

Motorists and bicyclists are granted the same rights and responsibilities on public streets. Both must obey the laws and the rules of the road.



Stop Means Stop

Bicyclists must come to a complete stop at any stop sign or stoplight, and yield to those who arrive first.



Always Wear a Helmet

Helmets reduce your risk of injury. State law requires children under 18 to wear a helmet when riding any kind of bicycle, scooter or skateboard, including those that are electric powered.



Ride in the Direction of Traffic

Always ride in the direction of traffic and leave space between you and cars for braking. If there isn't a dedicated bike lane, ride in the center of the driving lane rather than the right-hand side of the lane.



Extra Caution with E-Bikes and E-Scooters

Get used to the stronger acceleration and braking before going on major roads. Give yourself and others around you more reaction time and space.



Make Yourself Seen

Always use arm signals to indicate your next move. Use a bell if cars, pedestrians, or other bicyclists don't notice you. A bike light, bright colors and reflective materials help increase visibility, especially at night.



Additional Resources

- <u>E-Bike Safety</u> (Hermosa Beach City School District)
- <u>Safety Tips for Bicyclists</u> (Manhattan Beach Policy Department)
- <u>Bicycle Safety</u> (National Highway & Transportation Safety Administration, NHTSA)

