

Building *the future home* of Youth Mental Health



Move-in expected Summer 2025

Project Address:
1272 Beryl Street
Redondo Beach, CA 90277
Size: 9,400 sq.ft./ 2 floors

allcove Beach Cities is the first building in Beach Cities Health District's (BCHD) planned revitalization of its 11-acre campus, known as the Healthy Living Campus project. BCHD plans to make its campus a Center of Excellence focused on wellness, prevention and accessibility, a site that will live up to its "Healthy Living" name in its design and operations, in line with the preventive health care model of BCHD. This includes ambitious goals for environmental sustainability, community wellness and financial sustainability in keeping with BCHD's vision of "a healthy beach community." The new campus will provide one of the region's only youth wellness centers specifically focused on the mental health of young people, allcove Beach Cities. The allcove facility will be built at the southwest corner of Beryl Street and Flagler Lane in Redondo Beach, on land owned by BCHD.



all about *allcove Beach Cities*



allcove Beach Cities is part of an innovative network of integrated youth mental health centers for young people ages 12 to 25 with mild to moderate needs across California. The centers provide a unique space designed with, by and for youth that reduce stigma, embrace mental wellness and increase community connection. Anchored in a model from Stanford University's Center for Youth Mental Health & Wellbeing, allcove Beach Cities is a space to take a moment of pause and access a range of services including, mental health, physical health, substance use, peer support, family support, and supported education and employment.

Since allcove Beach Cities opened in its temporary location on BCHD's campus in November 2022, there have been more than 6,000 visits by young people ages 12-25.

Last year, BCHD was awarded \$6.3 million in grant funding from the California Department of Health Care Services' (DHCS) Behavioral Health Continuum Infrastructure Program (BHCIP). This statewide program supports behavioral health infrastructure projects, providing new opportunities to address gaps in mental health services. This grant is specifically for the construction of a permanent home for allcove Beach Cities.



young people and sustainability at the forefront



allcove Beach Cities will be the first ground-up, environmentally-conscious building in the growing network of allcove centers across the state of California. With a mission to be by and for youth, allcove Youth Advisory Group members have been decision-makers in all aspects of the center, and they have been forthcoming about the negative impacts of environmental health on their mental health.

This building will help to reinvent the future of youth mental health and disrupt a mental health system that is currently unable to comprehensively meet the needs of young people. This youth-designed, welcoming space will reduce stigma, create community, and provide accessible, connected services to support the health and well-being of young people ages 12-25 in the greater South Bay.

allcove Facility Guiding Principles

- Designed for a moment of pause
- Space as therapy
- People are the experience
- Options are essential

THE PROJECT TEAM IS LOOKING TO MINIMIZE THE ENVIRONMENTAL AND HEALTH IMPACTS THROUGH:

- Energy-efficient systems in heating and cooling
- Electric vehicle parking for both cars and bicycles, and use of electric vehicles during construction
- Connectivity with transit corridors
- Modular construction to decrease neighborhood impacts
- Solar and batteries for community resiliency hub
- Water management and reclamation
- Sustainable materials and resources
- Pursuit of LEED and WELL certification

OTHER AMENITIES IN THE PERMANENT LOCATION WILL INCLUDE:

- “the cove,” a community gathering space for young people to find social support and participate in events including music, art and life skills, plus quiet spaces to study or relax with support around them
- Ten chat rooms for therapy, meeting with a physician or wellness programming, and available to young people for group projects or study
- “the pantry,” a free all-access snack station for young people to refuel with youth-selected snacks
- “South Bay Café,” an in-house coffeeshop which will also offer an employment training program for young people
- “the hub” meeting space for youth, family and wellness programming



allcove is...

“A place where my peers or I can go to find assistance and support for our mental health problems in a way that is much more accessible and easy to access than going through the full mental health system.”

- Jennalee