Youth Advisory Group

Now accepting applications!

allcove

allcove Beach Cities Youth Advisory Group Applications are open! - Due Sunday March, 31, 2024

Submissions will be accepted online. Late applications will not be reviewed. **Access the application here** or scan the QR code.



We are looking to select a group of young leaders who represent the diversity of the Beach Cities and surrounding communities across race, ethnicity, gender, sexual orientation, lived experience, ability and socio-economic status. The Youth Advisory Group ensures that youth voices are at the forefront of the allcove Beach Cities center experience. As part of the Youth Advisory Group, you will help allcove Beach Cities gain a better understanding of young peoples' needs and opinions to provide them with relevant and effective services. The Youth Advisory Group is comprised of up to 15 young people from the local community of the Beach Cities and throughout Service Planning Area (SPA) 8.

SPA 8 serves the communities of Athens, Avalon, Carson, Catalina Island, El Segundo, Gardena, Harbor City, Hawthorne, Inglewood, Lawndale, Lennox, Long Beach, Hermosa Beach, Manhattan Beach, Palos Verdes Estates, Rancho Dominguez, Rancho Palos Verdes, Redondo Beach, Rolling Hills, Rolling Hills Estates, San Pedro, Torrance, Wilmington and others.

Join the youth movement leading mental health access in the Beach Cities and surrounding communities with allcove Beach Cities! For more information, please visit allcove.org/centers/beach-cities.

Reducing Stigma • Increasing Access • Early Intervention • Youth Voice • Community

Responsibilities

- Be involved in community education activities, or as media spokespeople on the issue of youth mental health, to promote allcove and help to plan and execute seasonal events.
- Contribute to the development of allcove center programs and services (i.e. peer support) and assist in their maintenance and sustainability.
- Provide input on how allcove Beach Cities can improve the experience of young people who access services.
- Brainstorm ideas on how to reach young people with the greatest needs within the Beach Cities and SPA 8.
- 12-month commitment with the option to re-apply for a second term.
- Complete Beach Cities Health District volunteer orientation, follow ground rules, communicate schedule conflicts in advance, gain community service hours for time on the Youth Advisory Group during meetings and additional activities and be recognized by Beach Cities Health District's publicly elected Board of Directors. Additional office hours and brainstorming sessions with staff may also be available.
- Participate in a mid-term check-in with allcove staff lead.
- 6 hours per month of service required, including the following:
 - o Attend in-person meetings every other week for 1.5 hours (2x a month) at allcove Beach Cities located at Beach Cities Health District, 514 N. Prospect Ave., 4th floor, Redondo Beach.
 - o Contribute to the center's culture by attending events 2x per month.
 - o Be a presence in the center during open hours by using it as intended.
 - Represent allcove at community events (focused on community engagement, outreach, growing center awareness, etc.)

- o Attend trainings on topics such as advocacy, mental health literacy, peer education, media or social media.
- Support outreach and communications about allcove Beach Cities and events via social media, newsletters, public speaking and more, as well as content development including videos, photoshoots, flyers and presentations.

Benefits

- Meet and work with others who are passionate about mental health and supporting access to services for young people.
- Get trained in teen Mental Health First Aid, QPR suicide prevention training and more!
- Connect with and network with professionals in mental health and public health sectors.
- Help shape the development of new and innovative mental health services for young people.
- Grow personal and professional skills in areas like advocacy, mental health literacy, outreach, program implementation, public speaking, engaging with community members and more.
- Additional opportunities are available that align with passions and interests.

Criteria

- Be passionate about affecting change and reducing stigma within the field of youth mental health.
- Want to act and connect with other youth to build something innovative within mental health services.
- Be between 16-25 years old.
- Be a resident of a city within SPA 8.
- Represent diversity across race, ethnicity, gender, sexual orientation, lived experience, ability and socioeconomic status.

Interested?

Complete and submit an application **by Sunday March 31, 2024 at 5 p.m.** Qualified candidates will be invited to an interview with members of the review committee by Friday April 12, 2024. Interviews will be conducted virtually between April 15-26, 2024. Those selected for the allcove Youth Advisory Group will be notified via email by Friday May 17, 2024.

allcove Youth Advisory Group meetings will be held at allcove Beach Cities (514 N. Prospect Avenue, 4th floor, Redondo Beach, CA 90277) on Tuesdays from 4 – 5:30 p.m. Youth Advisory Group meetings are scheduled for the following dates:

05/21/24	07/16/24	09/10/24	11/05/24	01/14/25	03/11/25
06/04/24	07/30/24	09/24/24	11/19/24	01/28/25	03/25/25
06/18/24	08/13/24	10/08/24	12/03/24	02/11/25	04/08/25
07/02/24	08/27/24	10/22/23	12/17/24	02/25/25	04/22/25

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For more information regarding Youth Advisory Group, please contact Amanda VerWys, allcove Engagement Specialist, at amanda.verwys@bchd.org or by phone at (310) 464-2231.